



Gloucester Academy Unit 3 Year 10

Knowledge Organiser OPTIONS SUBJECTS

Knowledge is power. Information is liberating.

Contents:

| Art Knowledge Organiser: | 2 |
|--|----|
| Drama Knowledge Organiser: | |
| Engineering Knowledge Organiser: | |
| Geography Knowledge Organiser | 14 |
| Health and Social Care Knowledge Organiser | 21 |
| Hospitality and Catering Knowledge Organiser | 32 |
| Sport Science Knowledge Organiser | 41 |
| Spanish Knowledge Organiser: | 45 |
| RE Knowledge Organiser: | 49 |

Art Knowledge Organiser:

| Week 1 | | |
|--------|-----------------------|--|
| | Piece of Information | Answer |
| 1 | Assessment Objectives | Four criteria in which the work is assessed by; develop, refine, record, present |
| 2 | Developing Ideas | When you take a visual idea and expand them into a series of different pieces |
| 3 | Refining Ideas | Improving and developing a piece based on feedback and personal reflection |
| 4 | Experimenting | To take risks with new materials, fuse different visual styles together |
| 5 | Presenting | The unveiling of the final piece that has been created |
| 6 | Annotation | Written explanations that record and communicate thoughts about the artist or artwork |
| 7 | Tonal Shading | Use light and dark to create a sense of three dimensions |
| 8 | Ink | A writing and drawing medium in liquid form |
| 9 | Review | A personal written response of an artwork or event |
| 10 | Art mind map | A visual exploration of ideas surrounding a chosen topic. This can be demonstrated in words, images and drawings |

| Week 2 | | |
|--------|-----------------------|---|
| | Piece of Information | Answer |
| 1 | Realism | Representing a person, location or thing in a way that is accurate and true to life. |
| 2 | Observational Drawing | Creating work based on primary or secondary sources that are directly in front of you, rather than using your imagination |
| 3 | Analyse | To examine methodically, and in detail, typically in order to explain and interpret |
| 4 | Intention | Making a prediction/statement about your next piece of work |
| 5 | Mark-making | Variations of lines to create tone and texture |
| 6 | Stippling | A series of multiple dots |
| 7 | Hatching | A series of parallel lines to create tone and texture |
| 8 | Cross-hatching | A series of criss-crossed lines to create tone and texture |
| 9 | Interpret | The explanation of the possible meaning of a piece of art |
| 10 | Identity | The qualities, beliefs, etc., that distinguish or identify a person or thing: |

| Week 3 | Piece of Information | Answer |
|--------|-----------------------|--|
| 1 | Formal Elements | The components that make up art as a whole: line, colour, form, shape, pattern and texture |
| 2 | Unaided | Working independently and without assistance (usually exam conditions) |
| 3 | Site-specific | A work of art designed specifically for a particular location |
| 4 | Portrait | A depiction of a human |
| | Close up | To zoom in on, or crop a specific part of a piece of art or photograph |
| 6 | Assessment Objectives | Four criteria in which the work is assessed by; develop, refine, experiment, present |
| 7 | Developing Ideas | When you take a visual idea and expand them into a series of different pieces |
| 8 | Refining Ideas | Improving and developing a piece based on feedback and personal reflection |
| 9 | Experimenting | To take risks with new materials, fuse different visual styles together |
| 10 | Presenting | The unveiling of the final piece that has been created |

| Week 4 | | |
|--------|----------------------|--|
| | Piece of Information | Answer |
| 1 | Wash | Application of a thin or dilute colour to a surface |
| 2 | Typography | The technique of creatively presenting visually appealing writing |
| 3 | Sources | References such as artists work, internet images, objects |
| 4 | Composition | Refers to the layout and arrangement of elements within an artwork |
| 5 | Pigment | The colourant in paint. This can be natural or synthetic |
| 6 | Annotation | Written explanations that record and communicate thoughts about the artist or artwork |
| 7 | Tonal Shading | Use light and dark to create a sense of three dimensions |
| 8 | Ink | A writing and drawing medium in liquid form |
| 9 | Review | A personal written response of an artwork or event |
| 10 | Art mind map | A visual exploration of ideas surrounding a chosen topic. This can be demonstrated in words, images and drawings |

| Week 5 | Piece of Information | Answer |
|--------|----------------------|---|
| 1 | Narrative Art | Artwork that tells a story |
| 2 | Genre | A style or category of art |
| 3 | Exaggerated | Enlarged or altered beyond normal proportions |
| 4 | Focal Point | The area in which your eye is first drawn to within a drawing, painting or photograph |
| 5 | Photo Resolution | The number of pixels in any given digital photo or piece of work |
| 6 | Art journey | A visual and coherent story of artwork |
| 7 | | Creating work based on primary or secondary sources that are directly in front of you, rather than using your imagination |
| 8 | Analyse | To examine methodically, and in detail, typically in order to explain and interpret |
| 9 | Intention | Making a prediction/statement about your next piece of work |
| 10 | Mark-making | Variations of lines to create tone and texture |

| Week 6 | | |
|--------|----------------------|---|
| | Piece of Information | Answer |
| 1 | Collage | A technique in which paper, photos and other materials are arranged and stuck down onto a surface |
| 2 | Portfolio | A collection of self-made artworks through an art journey |
| 3 | Brushwork | The way paint is applied in a painting |
| 4 | Urban Art | A genre which is a combination of street art and graffiti |
| 5 | Socio Political art | Art that is created to help the public understand a social or political issue |
| 6 | Mark-making | Variations of lines to create tone and texture |
| 7 | Stippling | A series of multiple dots |
| 8 | Hatching | A series of parallel lines to create tone and texture |
| 9 | Cross-hatching | A series of criss-crossed lines to create tone and texture |
| 10 | Interpret | The explanation of the possible meaning of a piece of art |

| Week 7 | | |
|--------|----------------------|--|
| | Piece of Information | Answer |
| 1 | Monoprinting | A form of print-making that can only be done once |
| 2 | Printing Ink | A type of ink that flows smoothly and dries quickly |
| 3 | Mixed-Media | To use different materials and different media in one piece of work |
| 4 | Photo Transfer | Moving the ink from a photograph onto another surface |
| 5 | Photography | The act of capturing light with a camera |
| 6 | Formal Elements | The components that make up art as a whole: line, colour, form, shape, pattern and texture |
| 7 | Unaided | Working independently and without assistance (usually exam conditions) |
| 8 | Site-specific | A work of art designed specifically for a particular location |
| 9 | Portrait | A depiction of a human |
| 10 | Close up | To zoom in on, or crop a specific part of a piece of art or photograph |

| Week 8 | | |
|--------|----------------------|--|
| | Piece of Information | Answer |
| 1 | Canvas | A strong plain-woven fabric which is used as a surface on which to paint |
| 2 | Originality | Creating artwork that no one has seen before |
| 3 | Easel | An upright support, used by artists to hold a painting while working on it |
| 4 | Scale | The size of an object in relation to another object |
| 5 | Final Design | A sketchbook based large scale piece that shows your final intention of an outcome |
| 6 | Process | A set of steps or rules to follow when using a type of media |
| 7 | Final Piece | The final outcome of the art journey |
| 8 | Proportions | The dimensions of a composition and relationship of scale between components |
| 9 | Vibrant | Colours that are bright and highly saturated |
| 10 | Muted | Colours that have been greyed, dulled or desaturated |

| Week 9 | | |
|--------|----------------------|---|
| | Piece of Information | Answer |
| 1 | Genre | The type or category a piece of art belongs to. E.g. still life/portraiture. |
| 2 | Mind map | A creatively drawn and written exploration of ideas. |
| 3 | Research | Collecting relevant information about an artist or topic. |
| 4 | Analyse | To investigate an artwork to interpret process and meaning. |
| 5 | Symbolism | Objects of an artwork holding a representation. |
| 6 | Artist Photos | A printed selection of the artist's work that has best informed your research and transcriptions. |
| 7 | Graphite transfer | The process of carboning the back of an image, and tracing it onto another surface. |
| 8 | Artist Study | Replicating an artist's work. |
| 9 | Accuracy | Artwork that is done in the correct proportions, scale and using suitable materials. |
| 10 | Art Journey | A project that has a clear story from beginning to outcome. |

| Week 10 | | |
|---------|----------------------|--|
| | Piece of Information | Answer |
| 1 | Mark-making | Creating a series of lines or patterns to create texture or tone. |
| 2 | Detail | A minute part of an artwork. |
| 3 | Linear | The use of line to create detail and perspective. |
| 4 | Complimentary Colour | Colours which are opposite on the colour wheel. |
| 5 | Harmonious Colour | Colours which are next to each other on the colour wheel. |
| 6 | Cool hue | Colours which are in the blue spectrum |
| 7 | Warm hue | Colours which are in the red and yellow spectrums. |
| 8 | Brushstroke | The mark made by a paintbrush |
| 9 | Printing | The process of transferring an image onto another surface using ink. |
| 10 | Composition | The layout and arrangement of components within a work of art. |

Drama Knowledge Organiser:

| Week 1 | Piece of Information | Answer |
|--------|----------------------|---|
| 1 | Stage left | On the left side of a stage from the point of view of a performer facing the audience. |
| 2 | Stage right | On the right side of a stage from the point of view of a performer facing the audience. |
| 3 | Upstage | At or towards the back of a stage. |
| 4 | Downstage | At or towards the front of a stage. |
| 5 | End on staging | The audience is seated along one end of the stage, directly facing it |
| 6 | Traverse staging | When the audience is placed on either side of the actors' playing space or stage, facing each other. |
| 7 | In the round | Theatre in which the audience surrounds the stage on all sides. |
| 8 | Integrity | The quality of being honest and having strong moral principles |
| 9 | Hysteria | Extreme fear, excitement, anger, etc. that cannot be controlled and is often without cause. |
| 10 | Stage directions | An instruction in the text of a play indicating the movement, position, or tone of an actor, or the sound effects and lighting. |

| Week 2 | Piece of Information | Answer |
|--------|----------------------|---|
| 1 | Costume | The theatre maker responsible for designing suitable outfits for the characters in a play. |
| 2 | Director | The person with overall responsibility for all aspects of a play. |
| 3 | Lighting Designer | The theatre maker responsible for designing suitable lighting for a play. |
| 4 | Set Designer | The theatre maker responsible for choosing appropriate scenery, furniture and props used to create the physical environment for a play. |
| 5 | Monologue | A speech made by one character, either to another character or to the audience. |
| 6 | Traverse Stage | A long, narrow stage which runs in between the audience. The audience sits on each side facing each other. |
| 7 | , Theatre Maker | Someone involved in the creation of theatre that is not an actor. |
| 8 | Playwright | A person who writes plays. |
| 9 | Black box studio | A simple performance space with black walls and a flat floor. |
| 10 | End on stage | A box shaped stage with the audience all facing one direction, without an arch. |

| Week 3 | | |
|--------|----------------------|---|
| | Piece of Information | Answer |
| 1 | Link to question | Fourth part of PEEL - Explain why/how this will communicate those specific emotions to the audience. |
| 2 | The capotain | A black, wide brimmed hat a Puritan would have worn. |
| 3 | Point | First part of PEEL - State what you're going to communicate to the audience. |
| 4 | Evidence | Second part of PEEL - Give SPECIFIC examples of what you'd do. |
| 5 | Explain | Third part of PEEL - How it'll bring the extract to life for the audience or how the character could show their feeling/status. |
| 6 | Link to context | Addition to PEEL in question 3 - Describing the context in which it was created and performed. Mention both 1692 and 1953. |
| 7 | Context | The time period, social, economic and political events. |
| 8 | Soundscape | A collection of individual sounds that are layered to create a sense of place. |
| 9 | Incidental Music | Music which accompanies a performance and is used to create a certain mood or to build tension. |
| 10 | Rising action | The section of the plot which develops the conflict and builds tension. |

| Week 4 | | |
|--------|----------------------|---|
| | Piece of Information | Answer |
| 1 | Focus | Your ability to stay in character throughout a performance. |
| 2 | Energy | Your ability to perform with enthusiasm and commitment during a performance. |
| 3 | Characterisation | Your ability to interpret and perform a fully developed character. |
| 4 | Transition | The change between two separate scenes in a play. |
| 5 | Connection | Your ability to develop a link between yourself and the other performers, as well as the audience. |
| 6 | Strobe lighting | Fast flashes of very bright light which create an unnatural slow motion effect. |
| 7 | Gobo | A stencil allowing a pattern of light to be created on stage when attached to the lantern. |
| 8 | Gel | A film of coloured plastic which changes the colour of a beam of light when attached to the lantern. |
| 9 | Fresnel | A type of stage lantern which casts a beam with a softly defined edge. |
| 10 | Spotlight | A type of stage lantern which casts a sharply defined beam of light onto the stage, creating a clear circle of light. |

| Week 5 | | |
|--------|----------------------|--|
| | Piece of Information | Answer |
| 1 | Diegetic Sounds | Sounds that are 'heard' by the characters on stage. |
| 2 | Gobo | A stencil allowing a pattern of light to be created on stage. |
| 3 | Strobes | Fast flashes of very bright light which create a unnatural slow motion effect. |
| 4 | Proxemics | The space between characters to show relationships |
| 5 | McCarthyism | The political repression and persecution of left-wing individuals and a campaign spreading fear of communists. |
| 6 | Symbolism | The use of design elements to convey a deeper meaning. |
| 7 | Spatial skills | Everything we do with the stage space to show status, relationships and emotions. |
| 8 | Mood | The atmosphere at a particular moment that creates a feeling or emotion for the audience. |
| 9 | Fourth Wall | The imagined barrier that separates the actors from the audience. |
| 10 | Climax | The turning point in a play, where the tension is highest. |

| Week 6 | | |
|--------|----------------------|--|
| | Piece of Information | Answer |
| 1 | Non verbal | Using physical and spatial drama skills to give meaning without speaking. |
| 2 | Flood light | Covers the whole stage so is used when you want an effect to be spread all the way across the stage. |
| 3 | Levels | Placing characters on upper and lower levels to show status. |
| 4 | Props | A handheld sized object actors use on stage |
| 5 | Link to question | Fourth part of PEEL - Explain why/how this will communicate those specific emotions to the audience. |
| 6 | The capotain | A black, wide brimmed hat a Puritan would have worn. |

| 7 | Point | First part of PEEL - State what you're going to communicate to the audience. |
|----|----------|---|
| 8 | Evidence | Second part of PEEL - Give SPECIFIC examples of what you'd do. |
| 9 | | Third part of PEEL - How it'll bring the extract to life for the audience or how the character could show their feeling/status. |
| 10 | | Addition to PEEL in question 3 - Describing the context in which it was created and performed. Mention both 1692 and 1953. |

| Week 7 | Piece of Information | Answer |
|--------|----------------------|--|
| 1 | Incidental Music | Music which accompanies a performance and is used to create a certain mood or to build tension. |
| 2 | Diegetic Sounds | Sounds that are 'heard' by the characters on stage. |
| 3 | Gobo | A stencil allowing a pattern of light to be created on stage. |
| 4 | Strobes | Fast flashes of very bright light which create a unnatural slow motion effect. |
| 5 | Proxemics | The space between characters to show relationships |
| 6 | McCarthyism | The political repression and persecution of left-wing individuals and a campaign spreading fear of communists. |
| 7 | Symbolism | The use of design elements to convey a deeper meaning. |
| 8 | Spatial skills | Everything we do with the stage space to show status, relationships and emotions. |
| 9 | Gobo | A stencil allowing a pattern of light to be created on stage when attached to the lantern. |
| 10 | Gel | A film of coloured plastic which changes the colour of a beam of light when attached to the lantern. |

| Week 8 | | |
|--------|----------------------|--|
| | Piece of Information | Answer |
| 1 | End on stage | A box shaped stage with the front end open to the audience, without an arch. |
| 2 | Thrust stage | A stage which extends out into the audience so they are seated on three sides. |
| 3 | Proscenium arch | A box shaped stage with the front end open to the audience, surrounded by an arch. The most common theatre type in the UK. For example, The Everyman Theatre, Cheltenham |
| 4 | Traverse stage | A long, narrow stage which runs in between the audience. The audience sits on each side facing each other. |
| 5 | Theatre maker | Someone involved in the creation of theatre that is not an actor. |
| 6 | Playwright | A person who writes plays. |
| 7 | Costume designer | The theatre maker responsible for designing suitable outfits for the characters in a play. |
| 8 | Director | The person with overall responsibility for all aspects of a play. |
| 9 | Lighting designer | The theatre maker responsible for designing suitable lighting for a play. |
| 10 | Set designer | The theatre maker responsible for choosing appropriate scenery, furniture and props used to create the physical environment for a play. |

| Week 9 | Piece of Information | Answer |
|--------|----------------------|--|
| 1 | Incidental music | Music which accompanies a performance and is used to create a certain mood or to build tension. |
| 2 | Diegetic sounds | Sounds that are 'heard' by the characters on stage. |
| 3 | Gobo | A stencil allowing a pattern of light to be created on stage. |
| 4 | Strobe lighting | Fast flashes of very bright light which create an unnatural slow motion effect. |
| 5 | Artistic intentions | An explanation of what you set out to achieve through your performance. |
| 6 | Intended audience | An awareness of who the members of your audience will be and how they are likely to respond to the piece. |
| 7 | Symbolism | The use of design elements to convey a deeper meaning to the audience, and represent a particular theme from the play. |
| 8 | Semiotics | The use of signs and symbols repeatedly within a piece to highlight a particular theme from the play. |
| 9 | Proxemics | The space between characters to show relationships |
| 10 | McCarthyism | The political repression and persecution of left-wing individuals and a campaign spreading fear of communists. |

| Week 10 | | |
|---------|----------------------|---|
| | Piece of Information | Answer |
| 1 | Downstage | At or towards the front of a stage. |
| 2 | End on staging | The audience is seated along one end of the stage, directly facing it |
| 3 | Traverse staging | When the audience is placed on either side of the actors' playing space or stage, facing each other. |
| 4 | In the round | Theatre in which the audience surrounds the stage on all sides. |
| 5 | Integrity | The quality of being honest and having strong moral principles |
| 6 | Hysteria | Extreme fear, excitement, anger, etc. that cannot be controlled and is often without cause. |
| 7 | Stage directions | An instruction in the text of a play indicating the movement, position, or tone of an actor, or the sound effects and lighting. |
| 8 | Non verbal | Using physical and spatial drama skills to give meaning without speaking. |
| 9 | Flood light | Covers the whole stage so is used when you want an effect to be spread all the way across the stage. |
| 10 | Levels | Placing characters on upper and lower levels to show status. |

Engineering Knowledge Organiser:

| Week 1 | Piece of Information | Answer |
|--------|----------------------|---|
| 1 | Milling Machine | Tool for cutting and shaping solid materials |
| 2 | Drill Press | Machine for drilling precise holes |
| 3 | Welding | Joining materials using heat or pressure |
| 4 | CNC | Automated machining controlled by computer |
| 5 | Conveyor Belt | Moving belt for transporting materials |
| 6 | Injection Moulding | Manufacturing process to create plastic parts |
| 7 | Assembly Line | Sequential process for product manufacturing |
| 8 | Robotics | Use of automated machines for manufacturing tasks |
| 9 | Casting | Pouring molten material into a mold |
| 10 | Quality Control | Ensuring products meet specific standards |

| Week 2 | Piece of Information | Answer |
|--------|----------------------|--|
| 1 | Electricity | The flow of energy that powers our devices |
| 2 | Circuit | A path for electricity to flow through |
| 3 | LED | A small light that uses very little electricity |
| 4 | Wire | A thin metal that carries electricity in a circuit |
| 5 | Circuit board | A flat board that holds electronic components and connects them |
| 6 | 3D Printer | A device that creates three-dimensional objects from digital files |
| 7 | Laser Cutter | A machine that uses a laser beam to cut materials |
| 8 | CNC Milling Machine | A computer-controlled machine used for precision milling tasks |
| 9 | Band Saw | A power tool with a sharp, continuous band for cutting |
| 10 | Jigsaw | A handheld power tool for cutting curved or irregular shapes |

| Week 3 | Piece of Information | Answer |
|--------|----------------------|--|
| 1 | Assembly | Putting together components to create a finished product |
| 2 | Forging | Shaping metal using heat and pressure |
| 3 | Fasteners | Devices used to join or secure materials together |
| 4 | Jigs | Tool to guide and hold workpieces during manufacturing |
| 5 | Heat Treatment | Process of altering material properties through heating |
| 6 | CNC Milling | Automated precision cutting using a milling machine |
| 7 | Extrusion | Forcing material through a die to create a shape |
| 8 | Punching | Creating holes or shapes in materials |
| 9 | Thermoforming | Shaping plastic using heat and pressure |
| 10 | Sand Casting | Creating metal parts using |

| Week 4 | Piece of Information | Answer |
|--------|----------------------|--|
| 1 | Stamping | Pressing shapes into materials |
| 2 | CNC Router | Machine for cutting and shaping materials |
| 3 | Grinding | Smoothing or sharpening a surface using abrasion |
| 4 | Molding | Shaping raw materials into a desired form |
| 5 | CNC Plasma Cutter | Tool for cutting metal using plasma |
| 6 | Press Brake | Machine for bending sheet metal |
| 7 | Saws | Tools for cutting materials |
| 8 | Deburring | Removing sharp edges or burrs from materials |
| 9 | Shearing | Cutting sheets or plates along a straight line |
| 10 | Sheet Metal | Thin and flat metal used for manufacturing |

| Week 5 | Piece of Information | Answer |
|--------|----------------------|--|
| 1 | Electricity | The flow of energy that powers our devices |
| 2 | Circuit | A path for electricity to flow through |
| 3 | LED | A small light that uses very little electricity |
| 4 | Wire | A thin metal that carries electricity in a circuit |

| 5 | Circuit board | A flat board that holds electronic components and connects them |
|----|---------------------|--|
| 6 | 3D Printer | A device that creates three-dimensional objects from digital files |
| 7 | Laser Cutter | A machine that uses a laser beam to cut materials |
| 8 | CNC Milling Machine | A computer-controlled machine used for precision milling tasks |
| 9 | Band Saw | A power tool with a sharp, continuous band for cutting |
| 10 | Jigsaw | A handheld power tool for cutting curved or irregular shapes |

| Week 6 | Piece of Information | Answer |
|--------|----------------------|--|
| 1 | Contrast | Difference between elements to create visual interest. |
| 2 | Symmetry | Balance achieved through mirroring or equal parts. |
| 3 | Isometric Drawing | 3D representation of an object using parallel lines. |
| 4 | Perspective | Technique to create depth and realism in drawings. |
| 5 | Milling Machine | Tool for cutting and shaping solid materials |
| 6 | Drill Press | Machine for drilling precise holes |
| 7 | Deburring | Removing sharp edges or burrs from materials |
| 8 | Shearing | Cutting sheets or plates along a straight line |
| 9 | Sheet Metal | Thin and flat metal used for manufacturing |
| 10 | Assembly | Putting together components to create a finished product |

| Week 7 | Piece of Information | Answer |
|--------|----------------------|--|
| 1 | Electricity | The flow of energy that powers our devices |
| 2 | Circuit | A path for electricity to flow through |
| 3 | LED | A small light that uses very little electricity |
| 4 | Design Thinking | Problem-solving approach focused on user needs. |
| 5 | Form | Shape and structure of an object or design. |
| 6 | Grid | Framework of intersecting lines for layout purposes. |
| 7 | Emphasis | Focusing attention on a specific design element. |
| 8 | CNC | Automated machining controlled by computer |
| 9 | Conveyor Belt | Moving belt for transporting materials |
| 10 | Injection Molding | Manufacturing process to create plastic parts |

| Week 8 | Piece of Information | Answer |
|--------|----------------------|--|
| 1 | Grid | Framework of intersecting lines for layout purposes. |
| 2 | Emphasis | Focusing attention on a specific design element. |
| 3 | Contrast | Difference between elements to create visual interest. |
| 4 | Symmetry | Balance achieved through mirroring or equal parts. |
| 5 | Saws | Tools for cutting materials |
| 6 | Deburring | Removing sharp edges or burrs from materials |
| 7 | Shearing | Cutting sheets or plates along a straight line |
| 8 | Sheet Metal | Thin and flat metal used for manufacturing |
| 9 | Assembly | Putting together components to create a finished product |
| 10 | 3D Printer | A device that creates three-dimensional objects from digital files |

| Week 9 | Piece of Information | Answer |
|--------|----------------------|--|
| | | |
| 1 | Sketching | Drawing rough outlines or ideas |
| 2 | Iteration | Repeating and refining a design process. |
| 3 | CNC Milling Machine | A computer-controlled machine used for precision milling tasks |
| 4 | Band Saw | A power tool with a sharp, continuous band for cutting |
| 5 | Jigsaw | A handheld power tool for cutting curved or irregular shapes |
| 6 | Isometric Drawing | 3D representation of an object using parallel lines. |
| 7 | Perspective | Technique to create depth and realism in drawings. |
| 8 | Milling Machine | Tool for cutting and shaping solid materials |
| 9 | Drill Press | Machine for drilling precise holes |
| 10 | Welding | Joining materials using heat or pressure |

| Week 10 | Piece of Information | Answer |
|---------|----------------------|---|
| 1 | CNC Milling | Automated precision cutting using a milling machine |
| 2 | Extrusion | Forcing material through a die to create a shape |
| 3 | Punching | Creating holes or shapes in materials |
| 4 | Thermoforming | Shaping plastic using heat and pressure |
| 5 | Sand Casting | Creating metal parts using |
| 6 | Electricity | The flow of energy that powers our devices |
| 7 | Circuit | A path for electricity to flow through |
| 8 | LED | A small light that uses very little electricity |
| 9 | Perspective | Technique to create depth and realism in drawings. |
| 10 | Milling Machine | Tool for cutting and shaping solid materials |

Geography Knowledge Organiser

| Week 1 | Piece of Information | Answer |
|--------|--------------------------------------|--|
| 1 | What is a natural hazard? | A natural event eg. earthquake or flood that threatens people or has the potential to cause damage and death |
| 2 | What is hazard risk? | The probability or chance that a natural hazard may take place. |
| 3 | What is frequency? | This describes the number of times something happens with a particular period. |
| 4 | What is magnitude? | This is a number that characterises the relative size of an earthquake. |
| 5 | What is ridge push? | This is when gravity causes a ridge to push on the lithosphere and move the tectonic plates. |
| 6 | What is slab pull? | These are large and dense tectonic plates sinking into the mantle at ocean trenches. |
| 7 | What is oceanic crust? | This is part of the outer layer of the earth, made up of bodies of water that is thin, heavy and young. |
| 8 | What is continental crust? | This is part of the outer layer of the earth, made up of landmass that is thick, light and old. |
| 9 | What is a conservative plate margin? | This is a tectonic plate margin where two plates slide past each other. |
| 10 | What is a constructive plate margin? | This is a tectonic plate margin where two plates are diverging. |

| Week 2 | | |
|--------|--|--|
| | Piece of Information | Answer |
| 1 | What is a destructive plate margin? | This is a tectonic plate margin where an oceanic and continental plate are converging. |
| 2 | What is a collision plate margin? | This is a tectonic plate margin where two plates of the same density are converging. |
| 3 | What is subduction? | This is the process by which one plate descends beneath another. |
| 4 | What are some key facts about the Nepal earthquake? | Date: 25th April 2015, Magnitude: 7.9 |
| 5 | What is a primary effect? | These are the initial impacts of a natural event. |
| 6 | What is a secondary effect? | These are the after-effects that occur as indirect impacts of a natural event. |
| 7 | What is a primary effect of the Nepal 2015 earthquake? | 9000 people died 20,000 people injured \$5 billion cost in damage |
| 8 | What is a secondary effect of the Nepal 2015 earthquake? | Avalanche on Mount Everest Landslides blocking roads |
| 9 | What is an immediate response? | Something that happens within the minutes, hours or days after a natural hazard. |
| 10 | What is a long-term response? | Something that happens within the weeks and months after a natural hazard to return lives back to normal and reduce future risk. |

| Week 3 | | |
|--------|---------------------------|---|
| | Piece of Information | Answer |
| | What is an immediate | Search and rescue teams |
| 1 | response to the Nepal | 300,000 people migrated to Kathmandu |
| | 2015 earthquake? | |
| | What is a long term | Roads were repaired and landslides cleared. |
| 2 | response to the Nepal | Heritage sites reopening and repairs to Everest base camp. |
| | 2015 earthquake? | |
| | | This describes attempts to forecast when and where a natural hazard will |
| 3 | What is prediction? | strike. |
| 4 | What is planning? | This describes actions taken to enable communities to respond to, and |
| 4 | | recover from a disaster. |
| 5 | What is protection? | This describes actions taken before a hazard strikes to reduce its impact. |
| 6 | | A natural event eg. earthquake or flood that threatens people or has the |
| 0 | What is a natural hazard? | potential to cause damage and death |
| 7 | What is hazard risk? | The probability or chance that a natural hazard may take place. |
| | | This describes the number of times something happens with a particular |
| 8 | What is frequency? | period. |
| 9 | What is magnitude? | This is a number that characterises the relative size of an earthquake. |
| 5 | | |
| 10 | | This is when gravity causes a ridge to push on the lithosphere and move the |
| | What is ridge push? | tectonic plates. |

| Week 4 | | |
|--------|--------------------------------------|---|
| | Piece of Information | Answer |
| 1 | What is monitoring? | This describes recording physical changes to help forecast when and where a natural hazard may strike. |
| 2 | What is high pressure? | Where air is sinking causing dry conditions. |
| 3 | What is low pressure? | Where air is rising to form clouds causing wet conditions. |
| 4 | Where do the winds blow? | Winds blow from high pressure to low pressure. |
| 5 | What is a tropical storm? | An area of low pressure with winds moving in a spiral around a calm central point called the eye. |
| 6 | What is slab pull? | These are large and dense tectonic plates sinking into the mantle at ocean trenches. |
| 7 | What is oceanic crust? | This is part of the outer layer of the earth, made up of bodies of water that is thin, heavy and young. |
| 8 | What is continental crust? | This is part of the outer layer of the earth, made up of landmass that is thick, light and old. |
| 9 | What is a conservative plate margin? | This is a tectonic plate margin where two plates slide past each other. |
| 10 | What is a constructive plate margin? | This is a tectonic plate margin where two plates are diverging. |

| Week 5 | | |
|--------|-----------------------------|--|
| | Piece of Information | Answer |
| | What conditions are | Low pressure |
| 1 | needed for a tropical storm | Water temperature 27oC or higher |
| | to form? | The Coriolis effect |
| | What are some key facts | Date: November 2013 |
| 2 | about the Typhoon Haiyan | Category 5 storm |
| | 2013? | |
| | | 6,300 killed |
| 3 | What is the primary effect | 40,000 homes damaged |
| | of Typhoon Haiyan 2013? | 600,000 people displaced |
| | | 14 million people affected |
| 4 | What is a secondary effect | Power supplies cut off for a month |
| | of Typhoon Haiyan 2013? | Looting and violence broke out in Tacloban |
| | What is an immediate | 1,200 evacuation centres set up |
| 5 | response to Typhoon | UK government sent shelter kits |
| | Haiyan 2013? | US aircraft helped with search and rescue |
| | What is a destructive plate | This is a tectonic plate margin where an oceanic and continental plate are |
| 6 | margin? | converging. |
| | What is a collision plate | This is a tectonic plate margin where two plates of the same density are |
| 7 | ' margin? | converging. |
| | What is subduction? | |
| 8 | | This is the process by which one plate descends beneath another. |
| | What are some key facts | |
| 9 | about the Nepal | |
| | earthquake? | Date: 25th April 2015, Magnitude: 7.9 |
| 10 | What is a primary effect? | These are the initial impacts of a natural event. |

| Week 6 | | |
|--------|-----------------------------|--|
| | Piece of Information | Answer |
| | What is a long term | The UN donated financial aid |
| 1 | response to Typhoon | Cash for work programmes |
| | Haiyan 2013? | Cyclone shelters were built |
| 2 | What is extreme weather? | Weather that is unexpected, unseasonal or different from normal. |
| | What are some key facts | Date: January 2014 |
| 3 | about the Somerset | Wettest January since records began in 1910 |
| | Levels floods 2014? | High tides and storm surges |
| | What are the social effects | 600 houses flooded |
| 4 | of Somerset Levels floods | 16 farms evacuated |
| | 2014? | |
| | What are the economic | |
| | effects of Somerset Levels | £10 million in damages |
| | floods 2014? | 14,000 hectares of agricultural land under water for 3-4 weeks |
| 0 | What is a secondary | |
| 6 | effect? | These are the after-effects that occur as indirect impacts of a natural event. |
| | What is a primary effect of | 9000 people died |
| 7 | the Nepal 2015 | 20,000 people injured |
| | earthquake? | \$5 billion cost in damage |
| | What is a secondary effect | |
| 8 | of the Nepal 2015 | Avalanche on Mount Everest |
| | earthquake? | Landslides blocking roads |
| 9 | What is an immediate | Something that happens within the minutes, hours or days after a natural |
| | response? | hazard. |
| 10 | What is a long-term | Something that happens within the weeks and months after a natural hazard |
| 10 | response? | to return lives back to normal and reduce future risk. |

| Week 7 | Piece of Information | Answer |
|--------|---------------------------|--|
| | What is an immediate | |
| 1 | response to Somerset | Villages cut off by floods. |
| | Levels floods 2014? | Villagers have to get around by boat. |
| | What is a long term | £20 million Flood Action Plan launched by the Somerset County Council. |
| 2 | response to Somerset | 8km of the Rivers Tone and Parratt were dredged. |
| | Levels floods 2014? | |
| 3 | What is climate change? | A long-term change in the earth's climate. |
| 1 | What is the quaternary | |
| 4 | period? | This is the geological time period the earth is currently in. |
| | What is a long term piece | Tree rings, Pollen analysis, Ice cores |
| 5 | of climate change | |
| | evidence? | |
| | What is an immediate | Search and rescue teams |
| 6 | response to the Nepal | 300,000 people migrated to Kathmandu |
| | 2015 earthquake? | |
| | What is a long term | Roads were repaired and landslides cleared. |
| 7 | response to the Nepal | Heritage sites reopening and repairs to Everest base camp. |
| | 2015 earthquake? | |
| | | This describes attempts to forecast when and where a natural hazard will |
| 8 | What is prediction? | strike. |
| 9 | What is planning? | This describes actions taken to enable communities to respond to, and |
| 9 | | recover from a disaster. |
| 10 | What is protection? | This describes actions taken before a hazard strikes to reduce its impact. |
| | | |

| Week 8 | Piece of Information | Answer |
|--------|----------------------------|--|
| | What is a short term piece | Glaciers melting |
| 1 | of climate change | Rising sea levels |
| | evidence? | Seasonal changes |
| | What is a natural cause of | Orbital changes |
| 2 | climate change? | Solar activity |
| | | Volcanic activity |
| | What is a human cause of | Fossil fuels |
| 3 | climate change? | Farming |
| | | Factories |
| 4 | What is mitigation? | Actions taken to reduce the long-term risk from natural hazards e.g. carbon |
| | | capture. |
| 5 | What is adaptation? | Actions taken to adjust to the impacts of natural hazards e.g. building a sea wall. |
| 6 | What is monitoring? | This describes recording physical changes to help forecast when and where a natural hazard may strike. |
| 7 | What is high pressure? | Where air is sinking causing dry conditions. |
| 8 | What is low pressure? | Where air is rising to form clouds causing wet conditions. |
| 9 | Where do the winds blow? | Winds blow from high pressure to low pressure. |
| 10 | What is a tropical storm? | An area of low pressure with winds moving in a spiral around a calm central point called the eye. |

| Week 9 | Piece of Information | Answer |
|--------|-----------------------------|--|
| | What conditions are | Low pressure |
| 1 | needed for a tropical | Water temperature 27oC or higher |
| | storm to form? | The Coriolis effect |
| | What are some key facts | Date: November 2013 |
| 2 | about the Typhoon Haiyan | Category 5 storm |
| | 2013? | Category 5 storm |
| | | 6,300 killed |
| 3 | What is the primary effect | 40,000 homes damaged |
| | of Typhoon Haiyan 2013? | 600,000 people displaced |
| | | 14 million people affected |
| 4 | What is a secondary effect | Power supplies cut off for a month |
| | of Typhoon Haiyan 2013? | Looting and violence broke out in Tacloban |
| | What is an immediate | 1,200 evacuation centres set up |
| 5 | response to Typhoon | UK government sent shelter kits |
| | Haiyan 2013? | US aircraft helped with search and rescue |
| | What is a long term | The UN donated financial aid |
| 6 | response to Typhoon | Cash for work programmes |
| | Haiyan 2013? | Cyclone shelters were built |
| 7 | What is extreme weather? | Weather that is unexpected, unseasonal or different from normal. |
| | What are some key facts | Date: January 2014 |
| 8 | about the Somerset | Wettest January since records began in 1910 |
| | Levels floods 2014? | High tides and storm surges |
| | What are the social effects | 600 houses flooded |
| 9 | of Somerset Levels floods | 16 farms evacuated |
| | 2014? | |
| | What are the economic | |
| 10 | effects of Somerset Levels | £10 million in damages |
| | floods 2014? | 14,000 hectares of agricultural land under water for 3-4 weeks |

| Week 10 | Piece of Information | Answer |
|---------|----------------------------|--|
| | What is an immediate | |
| 1 | response to Somerset | Villages cut off by floods. |
| | Levels floods 2014? | Villagers have to get around by boat. |
| | What is a long term | £20 million Flood Action Plan launched by the Somerset County Council. |
| 2 | response to Somerset | 8km of the Rivers Tone and Parratt were dredged. |
| | Levels floods 2014? | |
| 3 | What is climate change? | A long-term change in the earth's climate. |
| | What is the quaternary | |
| 4 | period? | This is the geological time period the earth is currently in. |
| | What is a long term piece | Tree rings, Pollen analysis, Ice cores |
| 5 | of climate change | |
| | evidence? | |
| | What conditions are | Low pressure |
| 6 | needed for a tropical | Water temperature 27oC or higher |
| | storm to form? | The Coriolis effect |
| | What are some key facts | Date: November 2013 |
| 7 | about the Typhoon Haiyan | Category 5 storm |
| | 2013? | |
| | | 6,300 killed |
| 8 | What is the primary effect | 40,000 homes damaged |
| | of Typhoon Haiyan 2013? | 600,000 people displaced |
| | | 14 million people affected |
| 9 | - | Power supplies cut off for a month |
| | | Looting and violence broke out in Tacloban |
| | What is an immediate | 1,200 evacuation centres set up |
| 10 | response to Typhoon | UK government sent shelter kits |
| | Haiyan 2013? | US aircraft helped with search and rescue |
| | What is a long term | The UN donated financial aid |
| | response to Typhoon | Cash for work programmes |
| | Haiyan 2013? | Cyclone shelters were built |
| | What is extreme weather? | Weather that is unexpected, unseasonal or different from normal. |
| | What are some key facts | Date: January 2014 |
| | about the Somerset | Wettest January since records began in 1910 |
| | Levels floods 2014? | High tides and storm surges |

| Week 11 | Piece of Information | Answer |
|---------|---|--|
| | What is an immediate response to the Nepal 2015 earthquake? | Search and rescue teams 300,000 people migrated to Kathmandu |
| 2 | What is a long term response to the Nepal 2015 earthquake? | Roads were repaired and landslides cleared. Heritage sites reopening and repairs to Everest base camp. |
| 3 | What is frequency? | This describes the number of times something happens with a particular period. |
| 4 | What is magnitude? | This is a number that characterises the relative size of an earthquake. |
| 5 | What is ridge push? | This is when gravity causes a ridge to push on the lithosphere and move the tectonic plates. |
| 6 | What is prediction? | This describes attempts to forecast when and where a natural hazard will strike. |
| 7 | What is a destructive plate margin? | This is a tectonic plate margin where an oceanic and continental plate are converging. |
| 8 | What is an immediate response to Somerset Levels floods 2014? | Villages cut off by floods. Villagers have to get around by boat. |
| 9 | What is a long term response to Somerset Levels floods 2014? | £20 million Flood Action Plan launched by the Somerset County Council. 8km of the Rivers Tone and Parratt were dredged. |
| 10 | What is a constructive plate margin? | This is a tectonic plate margin where two plates are diverging. |

| Week 12 | Piece of Information | Answer |
|---------|--|---|
| 1 | What conditions are needed for a tropical storm to form? | Low pressure Water temperature 27oC or higher The Coriolis effect |
| 2 | What is a collision plate margin? | This is a tectonic plate margin where two plates of the same density are converging. |
| 3 | What is subduction? | This is the process by which one plate descends beneath another. |
| 4 | What is slab pull? | These are large and dense tectonic plates sinking into the mantle at ocean trenches. |
| 5 | What is oceanic crust? | This is part of the outer layer of the earth, made up of bodies of water that is thin, heavy and young. |
| 6 | What is a secondary effect? | These are the after-effects that occur as indirect impacts of a natural event. |
| 7 | What is a primary effect of the Nepal 2015 earthquake? | 9000 people died 20,000 people injured \$5 billion cost in damage |
| 8 | What is a secondary effect of the Nepal 2015 earthquake? | Avalanche on Mount Everest Landslides blocking roads |
| 9 | What is monitoring? | This describes recording physical changes to help forecast when and where a natural hazard may strike. |
| 10 | What is high pressure? | Where air is sinking causing dry conditions. |

| Week 13 | Piece of Information | Answer |
|---------|---|--|
| 1 | What are some key facts about the Nepal earthquake? | Date: 25th April 2015, Magnitude: 7.9 |
| 2 | What is a primary effect? | These are the initial impacts of a natural event. |
| 3 | What is continental crust? | This is part of the outer layer of the earth, made up of landmass that is thick, light and old. |
| 4 | What is a conservative plate margin? | This is a tectonic plate margin where two plates slide past each other. |
| 5 | What is a natural hazard? | A natural event eg. earthquake or flood that threatens people or has the potential to cause damage and death |
| 6 | What is hazard risk? | The probability or chance that a natural hazard may take place. |
| 7 | What is the primary effect of Typhoon Haiyan 2013? | 6,300 killed 40,000 homes damaged 600,000 people displaced |
| 8 | - | 14 million people affected Power supplies cut off for a month Looting and violence broke out in Tacloban |
| 9 | What is an immediate response? | Something that happens within the minutes, hours or days after a natural hazard. |
| 10 | What is a long-term response? | Something that happens within the weeks and months after a natural hazard to return lives back to normal and reduce future risk. |

Health and Social Care Knowledge Organiser

| Week 1 | | |
|--------|------------------------------------|---|
| | Piece of Information | Answer |
| 1 | Primary care | A person's first point of contact with the healthcare system when they need care. |
| 2 | Knowledge of Primary | |
| 2 | care workers | Broad range of knowledge of different health problems. |
| 3 | Primary care providers | Pharmacist, Registered GP/doctor, walk in centre, Out-of-hours GP/doctor, accident and emergency department, dentist, optician/optometrist. |
| 4 | GP surgeries | Diagnose and treat common medical problems and refer patients to secondary care. |
| 5 | Dental care | Treat and help prevent problems with teeth, gums and mouth. |
| 6 | Out-of-hours services | Provide care for patients with urgent medical problems at times when GP surgeries are closed. |
| 7 | Telephone services | Give advice and help people to get medical attention e.g. 111, 999 |
| 8 | Accident and Emergency departments | Provide urgent medical care for patients with life-threatening injuries or conditions. |
| 9 | Pharmacist | Give advice on non-serious illnesses and dispense medication |
| 10 | Optician/optometrist | Detects and treats defects in vision. |

| Week 2 | | |
|--------|--------------------------|--|
| | Piece of Information | Answer |
| 1 | | Provide specialist medical care, usually people are referred here from primary |
| I | Secondary care | care. |
| c | Knowledge of Secondary | In-depth knowledge in a specific medical area to give patients more specific |
| 2 | care workers | information and treatments. |
| c | | Rheumatology, Cardiology, Paediatrics, Orthopaedics, Respiratory medicine, |
| 3 | Secondary care providers | Psychiatry, Neurology |
| 4 | | Medicine with a focus on the diagnosis and treatment of conditions related to |
| 4 | Rheumatology | bones |
| F | | Medicine with a focus on the diagnosis and treatment of conditions related to |
| Э | Cardiology | the heart. |
| 6 | | Medicine with a focus on the diagnosis and treatment of conditions affecting |
| 0 | Paediatrics | children and young people. |
| 7 | | Medicine with a focus on the diagnosis and treatment of conditions related to |
| 1 | Orthopaedics | bones, joints, ligaments and muscles. |
| 0 | | Medicine with a focus on the diagnosis and treatment of conditions related to |
| 0 | Respiratory medicine | the lungs. |
| 0 | | Medicine with a focus on the diagnosis and treatment of conditions related to |
| 9 | Psychiatry | mental, emotional and behavioural disorders. |
| 10 | | Medicine with a focus on the diagnosis and treatment of conditions related to |
| | Neurology | the nervous system, including the brain. |

| Week 3 | | | |
|--------|--|--|--|
| | Piece of Information | Answer | |
| 1 | Allied health professionals | Help people recover from or adapt to injuries and health conditions | |
| 2 | Allied health roles | Physiotherapists, Speech and language therapists, Occupational therapists, Dieticians. | |
| 3 | Multidisciplinary team working (MDT) | When different healthcare services work together. | |
| 4 | Coronary heart disease (CHD) | When the arteries get blocked with layers of fatty material. | |
| 5 | Coronary heart disease (CHD) management | GP prescribes medication to reduce cholesterol - Pharmacist dispenses medication - Cardiologist inserts a stent - transplant surgeon gives heart transplant | |
| 6 | Cerebral Vascular accident (CVA) | Also known as a stroke. This happens when the blood supply to part of the brain is cut off or the brain cells die. | |
| 7 | Cerebral Vascular accident (CVA management | GP prescribed medication to prevent blood clots and blood pressure - Pharmacist dispenses medication - Neurosurgeon may need to perform surgery to remove the blood clots - Physiotherapists, occupational therapists, speech and language therapists and dieticians will help with rehabilitation. | |
| 8 | Type 2 Diabetes | A condition that causes the level of sugar (glucose) in the blood to become too high because the body does not respond to insulin. | |
| 9 | Type 2 diabetes management | GP prescribes medication (insulin injections) to lower the blood glucose levels - A diabetes nurse will explain how to take the medication and give advice on lifestyle changes. | |
| 10 | Dementia | Causes gradual decrease in brain function causing problems with thinking, memory, communication and mobility. | |

| Week 4 | | |
|--------|----------------------|--|
| | Piece of Information | Answer |
| | Dementia management | GP prescribes medication to reduce symptoms - Occupational therapists help |
| 1 | | to overcome the difficulties with everyday tasks which helps to increase |
| | | independence, Physiotherapists help maintain strength and mobility. |
| 2 | Obesity | When a person becomes very overweight. |
| 3 | Obesity management | GP will recommend medicine to reduce the amount of fat absorbed during digestion - Pharmacists will dispense the medication - Psychologists can help a person understand why they overeat - Dieticians can create a meal plan. |
| 4 | Asthma | A condition where the airways become narrow and swollen which can make it difficult to breathe. |
| | | GP prescribes medicine (inhalers and tablets) - Pharmacist dispenses |
| 5 | | medication - Asthma nurses create action plans to ensure symptoms dont get |
| | Asthma management | worse. |
| | Chronic obstructive | A condition that causes breathing difficulties. |
| 6 | pulmonary disease | |
| | (COPD) | |
| | Chronic obstructive | GP prescribes medicine (inhalers and tablets) - Pharmacist dispenses |
| 7 | pulmonary disease | medication - Surgeons to perform lung surgery or lung transplant - |
| | (COPD) management | physiotherapist or dietician provides pulmonary rehabilitation. |
| 8 | Arthritis | A condition that causes the joints to swell which can lead to joint pain and stiffness. |
| | Arthritis management | GP prescribes medication for the symptoms - Pharmacist dispenses the |
| 9 | | medication - surgeon may perform joint replacement therapy (hip |
| 9 | | replacement) - Physiotherapist help improve joint flexibility - Occupational |
| | | therapists help make everyday tasks easier. |
| 10 | Sensory impairments | Problems with the senses (sight, hearing). |

| Week 5 | | | |
|--------|-----------------------|--|--|
| | Piece of Information | Answer | |
| | Sensory impairments | Optometrists prescribe and fit vision aids such as glasses or contact lenses - | |
| 1 | management | Audiologists will fit hearing aids - Occupational therapists help people with | |
| | | severe vision or hearing loss adapt to difficulties in their everyday lives - | |
| | | Speech and language therapists may support with communication. | |
| 2 | Physical impairments | When a person's ability to move or carry out physical activities is limited. | |
| | Physical impairments | GP can prescribe medication for the pain - Pharmacist dispenses the | |
| 3 | management | medication - Physiotherapist help improve their mobility - Occupational | |
| | | therapists help to overcome difficulties with their everyday lives. | |
| 4 | Learning disabilities | When a person finds it difficult to understand new information, learn new | |
| 4 | | skills or cope independently. | |
| | Learning disabilities | GPs will do annual health checks - Speech and language therapists help | |
| 5 | management | improve communication skills - occupational therapists help people carry out | |
| | | everyday tasks and live independently. | |
| 6 | Domiciliary care | Care that helps people with daily tasks and personal care in their own home. | |
| 7 | Respite care | Provides trained carers which allows the usual caregiver to take a break. | |
| 8 | | A service for young people aged 11-25 with organised activities that support | |
| | | young people with their personal and social development. | |
| 9 | Residential care for | A larger home with multiple children living there, providing care for children | |
| | children | who cannot live with their own families. | |
| 10 | Foster Care | Carers provide a family environment in their homes to give children a stable | |
| 10 | | and safe place to live. | |

| Week 6 | | |
|--------|-------------------------------------|---|
| | Piece of Information | Answer |
| | Residential care for adults | |
| 1 | and children with specific needs | Care that provides a safe place for people to stay rather than living in their own home to support their specific needs. |
| 2 | Residential care for elderly | Care homes that provide live in care for the elderly to support with any medical needs or the reduction in independence. |
| 3 | Services for children and | |
| 3 | young people | Foster care, Residential care, Youth work. |
| 4 | Services for children with | |
| 4 | specific needs | Residential care, Respite care, Domiciliary care. |
| 5 | Services for older adults | Residential care, Domiciliary care |
| 6 | Voluntary care | Care given by community groups, faith-based organisations and charities. |
| 7 | Informal care | Care given by partners, friends, relatives or neighbours. |
| 8 | Physical Barriers | Barriers that make it difficult for people to get into and around buildings that provide health and social care services. E.g. No car parking, steps at the entrance, multiple floors, cluttered walkways, narrow doorways and corridors. |
| 9 | Overcoming physical barriers | Install ramps at the entrance, Install chair lifts, alternative appointment times, wheelchair accessible doorways and corridors, parking spaces close to the buildings. |
| 10 | Sensory barriers | Barriers for people with sensory impairments. E.g. small text of leaflets, colour coded signs, screens at GP waiting room, noisy areas, telephone systems. |

| Week 7 | Piece of Information | Answer | |
|--------|--|--|--|
| 1 | Overcoming visual | Large print leaflets, bigger signs, staff escorting patients, audio | |
| 1 | impairment barriers | announcements. | |
| 2 | Overcome hearing | Online/email booking systems, British Sign Language interpreter, | |
| 2 | impairment barriers | communication cards, hearing loops. | |
| 3 | Social & cultural barriers | Lack of awareness of the symptoms, differing cultural beliefs requiring different needs, social stigma leading to discrimination, fear of a loss of independence. | |
| 4 | Overcoming social & cultural barriers | Awareness campaigns, poster/leaflet distribution, choice of service provider and treatment, educating people, allowing their own decision making about treatment and care. | |
| 5 | Language barriers | Barriers for people with English as an additional language or speech impairments. E.g. technical language, do not speak the language, single language information leaflets, difficulty expressing needs. | |
| 6 | Overcoming language | Explanations in simpler terms, interpreters, longer appointments, multiple | |
| 0 | barriers | language leaflets, advocates. | |
| 7 | Geographical barriers | barriers Barriers that make it difficult for people to get from their home to the service. E.g. no car parking, no public transport, long travel time, unsafe route, cost of transport. | |
| 8 | Overcoming geographical barriers | Community transport schemes, home visits, community clinics, telehealth schemes, free parking. | |
| 9 | Text barriers | Barriers for people with learning disabilities. E.g. unable to read information/signs, easily distracted, unable to fill out forms. | |
| 10 | Overcoming text barriers | Communication cards, learning disability nurses, longer appointment times, Health passports, All About Me documents, low-text leaflets, quiet clinics, advocates. | |

| Week 8 | | | |
|--------|--------------------------------|---|--|
| | Piece of Information | Answer | |
| | | Barriers for people who cannot afford to pay for the services they need. E.g. | |
| 1 | | cost of prescriptions, time off work, loss of income, childcare costs, travel | |
| | Financial barriers | costs, charges for treatment. | |
| | Overcoming financial | NHS exemption certificates, NHS low income schemes, NHS vouchers, NHS | |
| 2 | barriers | healthcare travel cost scheme, charities, community transport, community | |
| | | clinics, home visits. | |
| 3 | Skills in care | The abilities of a care professional. | |
| 4 | Skill - Problem solving | Involves the care professional being able to find solutions to problems. | |
| 5 | | A care professional's ability to pay attention to what's going on around them | |
| 5 | Skill - Observation | and notice changes. | |
| 6 | Skill - Dealing with difficult | When a care professional has to cope with challenging behaviour and has to | |
| 0 | situations | stay calm and professional. | |
| 7 | Skill - Organisation | Involves a care professional being able to plan their time and workload. | |
| 8 | Attribute in care | A characteristic of a person. | |
| 9 | Attribute examples | Empathy, Patience, Trustworthiness, Honesty. | |
| 10 | Attribute - Empathy | The ability of the care professional to understand and relate to another | |
| 10 | | person's feelings. | |

| Week 9 | | | |
|--------|-----------------------------|--|--|
| | Piece of Information | Answer | |
| 1 | Attribute - Patience | The ability of the care professional to deal with delays or difficult situations without getting annoyed. | |
| 2 | Attribute - Trustworthiness | The ability of the care professional to ensure the patient trusts their information, advice and treatments. | |
| 3 | Attribute - Honesty | The ability of the care professional to ensure they are giving acute information regarding the condition and treatment and that the patient is aware of the risks. | |
| 4 | Values in care | The standards a care professional follows to make sure they are providing high-quality care (6 Cs). | |
| 5 | Value - Care | The person receives the correct care for their specific needs. | |
| 6 | Value - Compassion | Involves building relationships based on empathy, respect and dignity. | |
| 7 | Value - Competence | Involves care professionals being able to understand a person's needs and have the knowledge and skills to deliver effective care. | |
| 8 | Value - Communication | Involves both the spoken language and body language. | |
| 9 | Value - Courage | Involves care professionals doing the right thing for the people they care for and being brave enough to speak up when they have concerns. | |
| 10 | Value - Commitment | Involves care professionals being dedicated to continuously improving the care experience they provide. | |

| Week 10 | | | |
|---------|--|---|--|
| | Piece of Information | Answer | |
| 1 | Obstacle to care | Something related to an individual that stops them from receiving care or makes receiving care difficult. | |
| 2 | Lack of time obstacle | When people do not access care due to work and family commitments. | |
| 3 | Lack of resources obstacle | When people have a low income or a lack of equipment they are not able to get the care they need. | |
| 4 | Unachievable targets obstacle | Not following the recommended actions from a care professional because they are too difficult so reduces motivation. | |
| 5 | Lack of support obstacle | Not having the support of friends or family to get to appointments or help you follow the recommended actions. | |
| 6 | Lack of motivation obstacle | When a person finds it hard to start or keep going. E.g. no motivation to make the initial appointment or follow the recommended actions. | |
| 7 | Low self-esteem obstacle | Avoiding social situations or meeting new people so avoids care due to a lack of confidence or self-worth. | |
| 8 | Acceptance of current state obstacle | When a person feels fine at the moment, they don't think that they need to make changes to their lifestyle or get help. | |
| 9 | Stress and anxiety obstacles | Prevent people from getting care as worried about bad news, speaking to new people or fear of the care setting. | |
| 10 | Benefits of skills, values and attributes | Overcoming obstacles, high quality care, treated with respect, no discrimination, independence, involved in decisions about own care, safe from harm, dignity and privacy, confidentiality. | |

History Knowledge Organiser

| Week 1 | Piece of Information | Answer |
|--------|---|---|
| 1 | What was the King's role in law and order? | The king was in overall charge of 'keeping the kings peace' |
| 2 | Who was the sheriff? | The king's agent in each county. He would volunteer for the role and not be paid |
| 3 | What did the chief constables do? | They supervised law and order in their hundred. They would volunteer for one year and not be paid |
| 4 | What was the parish constable responsible for? | He had to ensure his parish could supply men to the army Arrest suspicious strangers Make sure the village responded correctly to a crime |
| 5 | What role did the people play in law and order? | They kept law and order by answering to the Hue and Cry |
| 6 | What was the Hue and Cry? | All people within earshot had to stop what they were doing and hunt for the criminal or face a fine |
| 7 | What did the Royal Courts do? | They heard the most serious criminal cases |
| 8 | What were the quarter sessions? | JP's judged less serious crimes in court. This was done 4 times a year |
| 9 | What did Manor Courts do? | Dealt with most crimes Ran the lord's land Judged petty crimes |
| 10 | What crimes would the Church courts deal with? | Sex outside of marriage Homosexuality Failing to attend church Persistent swearing |

| Week 2 | Piece of Information | Answer |
|--------|---|---|
| 1 | Name three things about a medieval jury | Selected from the same parish as the accused Used their knowledge of the person to judge them They had to know as much as possible about the case |
| 2 | Who dealt with the serious crimes on the Early Modern Period? | The Assizes |
| 3 | What were petty sessions? | JP's that met more regularly than the quarter sessions, they dealt with petty crimes |
| 4 | Name three things about the Bow Street Runners | Created by Sir John Fielding 68 men formed the patrol They were paid part time constables |
| 5 | What did Robert peel create? | The metropolitan Police Force |
| 6 | Why were people opposed to a centralised police force? | Thought it would cost too much Didn't think it was the job of the government Feared it would be used to suppress protest |
| 7 | Name three points about the Metropolitan Police Force | 3,000 full time men They carried truncheons as their only weapon Wore a dark blue tall hat and coat |
| 8 | What three acts were passed after 1829? | 1835 Municipal Corporations Act 1839 Rural Constabulary Act 1856 The County and Borough Police Act |
| 9 | What was the main role of the police officer after 1850? | The prevention of theft and violence |
| 10 | What technologies were used before 1900 in policing? | Photographs of crime scenesThe telegraphFingerprinting |

| Week 3 | | |
|--------|--|---|
| | Piece of Information | Answer |
| 1 | What main changes occurred to the police force after 1900? | Recruitment improved Specialisation Use of weapons Range of work |
| 2 | What was discovered in 1984 that changed policing? | DNA |
| 3 | What does the Crown Prosecution Service do? | It decides whether to bring trials to court |
| 4 | What was the most common type of punishment in the medieval and Early Modern period? | Fines |
| 5 | What types of punishment were included in public humiliation? | Cucking stool Stocks and Pillory Publicly confessing their sins |
| 6 | What three types of punishment were included in the death penalty? | HangingHanged, drawn and quarteredBurned alive |
| 7 | What was the scold's bridle? | An iron frame that was placed on a womans head with a spike that sat on her tongue |
| 8 | What was a bridewell? | 'Houses of correction' for vagrants, where they would be put to work |
| 9 | What was Capital Punishment? | When a person was executed for the crime they committed |
| 10 | What was Corporal Punishment? | When a person was physically punished (like whipping) for the crime they committed |

| Week 4 | Piece of Information | Answer |
|--------|---|--|
| 1 | What were the Bloody Codes? | Over 200 crimes that carried the death penalty |
| 2 | What was the new drop? | A more humane form of hanging that allowed people to drop through a trapdoor, breaking the person's neck |
| 3 | What was the long drop? | Where exactly the right length of rope was used to ensure the person's neck was broken when they dropped |
| 4 | What was transportation? | When convicts were sent to Australia for 7 years, 14 years or life |
| 5 | What became the most important form of punishment after 1840? | Prisons |
| 6 | Name two key prison reformers | John Howards and Elizabeth Fry |
| 7 | What did prison reformers believe? | Prisoners should be able to live in safety and dignity. They should be helped to change their ways |
| 8 | What was the separate system? | Prisoners were kept in individual cells where they worked, prayed and reflected on their crimes |
| 9 | What was the silent system? | Prisoners were allowed to work together but in total silence |
| 10 | What did the 1865 Prisons Act emphasise? | Hard labour, hard fare, hard board |

| Week 5 | | |
|--------|--|--|
| | Piece of Information | Answer |
| 1 | What happened to Corporal Punishment | 1948 - Ended as a punishment for all offenders |
| | in 1948 and 1962? | 1962 - Ended as a punishment for prisoners who misbehaved |
| 2 | What was passed in 1965? | The Abolition of the Death Penalty Act |
| 0 | Where did young offenders start to go in | |
| 3 | 1902? | Their own type of prisons called Borstals |
| | | Wanted to rehabilitate prisoners so they had the desire to live |
| | What did Alexander Peterson want | an honest life |
| 4 | prisons to do? | |
| | | |
| | | Probation |
| 5 | | Tagging |
| | Name three alternatives to prison | Community Service |
| 0 | Who commissioned Gloucester as a | |
| 6 | customs port? | Queen Elizabeth I |
| 7 | What was the customs house used for in | The upstairs was used for the officers and downstairs sold coal |
| 1 | the Industrial Period? | to the poor. |
| 0 | | To allows the larger ships to enter the main basin and to allows |
| 8 | Why was the barge arm built? | the smaller ships/canal boats to load up |
| | How has Gloucester docks changed in | It is now used for tourism and leisure rather than a working |
| 9 | the modern period | dock |
| 10 | What two docks can Gloucester Docks | |
| 10 | be compared to? | Liverpool and Bristol Docks |

| Week 6 | | | |
|--------|---|---|--|
| | Piece of Information | Answer | |
| 1 | How do we know the customs house is significant? | It has the royal crest on it. | |
| 2 | Why was a ship canal opened in 1827? | The opening of a direct overseas trade. | |
| 3 | Why did merchants import goods through Gloucester canal? | It meant they no longer needed to have goods travel through Bristol where there were higher port charges. | |
| 4 | What were the early imports to Gloucester Docks? | Corn from Ireland Timber from the Baltic and America Wines and spirits from Portugal and France | |
| 5 | What was the main export from Gloucester docks? 1500-1750? | Salt from Worcester. | |
| 6 | What was constructed throughout the Industrial Period? | Engine house Bakers Quay Dry dock was enlarged | |
| 7 | What was constructed at the start of the Industrial Period? | Warehouses around the Main Basin. | |
| 8 | High fences surrounded the yards and were locked un How were goods at the docks protected? customs supervision. | | |
| 9 | Why was the Victoria Dock built? | To allow vessels to wait before entering the main basin. | |
| 10 | What was Victoria Dock used for in the 1890s? | It was used by smaller sailing vessels to load and unload cargo. | |

| Week 7 | | |
|--------|--|--|
| | Piece of Information | Answer |
| 1 | What were railways used for? | To distribute goods imported to the canal to the Midlands. |
| 2 | What new imports were there during the Industrial period? | Oranges, lemons, bones and guano. |
| 3 | What new industries were set up on the docks in the 1860s? | Flour mills, timber yards and saw mills. |
| 4 | What was the purpose of Sharpness dock? | To allow access to the larger heavy cargo ships |
| 5 | Why was Sharpness docks significant? | It allowed the growth of imports to continue. |
| 6 | Why was there more traffic in the 1920s? | Demand for petroleum products for the growing number of road vehicles. |
| 7 | Why was the festival of pleasure craft 1974 significant? | Paved the way for other events at Gloucester Reminded people of the leisure potential of canals |
| 8 | What is the High Orchard area now used for? | The Gloucester Quays designer outlet shopping centre and some industrial buildings remain. |
| 9 | Who led the development of Bakers Quay? | Samuel Baker and Thomas Phillpotts. |
| 10 | Why is the North Warehouse at Gloucester important? | It was the first to be built and it served as a model for those that followed. |

| Week 8 | | |
|--------|--------------------------------------|--|
| | Piece of Information | Answer |
| 1 | Why were Liverpool docks significant | It was the centre for trade, with 40% of global trade passing |
| I | when it first opened? | through. |
| 2 | What problems did Albert Dock face | Changes in global trade led to financial issues for the dock and |
| 2 | after WW2? | they couldn't repair wartime damage. |
| | | Merseyside Maritime Museum |
| 3 | | Shops, apartments and office space were created in |
| | How was Albert Dock restored? | the largest warehouse |
| 1 | What was Bristol's role in the Slave | Merchants traded goods to West Africa in exchange for |
| 4 | Trade? | enslaved people. |
| F | Why did Bristol Docks decline in | Other docks expanded more quickly because they benefited |
| 5 | importance? | from development of industry in the north of England. |
| | | The Reichstag Fire |
| 6 | | The Enabling Act |
| 0 | How was Hitler able to establish a | Gleichschaltung |
| | dictatorship in Germany? | The Night of the Long Knives |
| | | • It removed civil liberties such as freedom of the press and |
| 7 | Give TWO features of the Reichstag | from arrest |
| | Fire Decree | It was used to arrest communists |
| | | Anti-Semitic laws |
| | | Book burning |
| 0 | Give the FOUR features of | The Civil Service Act |
| | Gleichschaltung | The use of terror |
| | | It gave Hitler the power to create laws without the consent of |
| 9 | What was the Enabling Act? | the Reichstag. |
| 10 | Who was targeted during the Night of | 'Politically unreliable' people, in particular Rohm and other SA |
| | the Long Knives? | leaders. ' |

| Piece of Information What types of activities did young Germans do in the Hitler Youth? | Answer physical exercise rifle shooting map reading cooking and nursing (girls) 1935 Nuremberg Laws removed all rights from German Jews |
|---|--|
| | rifle shooting map reading cooking and nursing (girls) 1935 Nuremberg Laws removed all rights from German |
| | map reading cooking and nursing (girls) 1935 Nuremberg Laws removed all rights from German |
| | cooking and nursing (girls) 1935 Nuremberg Laws removed all rights from German |
| Germans do in the Hitler Youth? | 1935 Nuremberg Laws removed all rights from German |
| | |
| | lows |
| | |
| | Banned from going to the cinema, running small |
| | businesses, or buying newspapers |
| before 1939? | Kristallnacht |
| | The army was loyal to Hitler |
| What was the significance of the Night | The SA was less powerful |
| of the Long Knives? | The SS rose in prominence |
| What forms of propaganda did the | |
| Nazi's use? | Newspapers, radio, rallies, posters, and film. |
| Which left-wing political parties | Communists |
| opposed the Nazi's? | Social Democrats |
| | Martin Niemoller |
| | Paul Schneider |
| Nho were the religious opponents of | Pope Pius XI |
| he Nazi's? | Cardinal Galen |
| | Christians |
| | Young Communists |
| Which youth groups opposed the | Swing Kids |
| Nazi's? | Edelweiss Pirates |
| | Loans to encourage women to have children |
| How did the Nazi's encourage | The mothers cross |
| notherhood? | They made divorce easier |
| | Teachers |
| What aspects of education did the | Schools |
| Nazi's control? | Curriculum |
| | Minister of Armaments and War Production. He was in charge |
| | of Germany's war economy and successfully boosted |
| What was the role of Albert Speer? | production. |
| | of the Long Knives? What forms of propaganda did the Nazi's use? Which left-wing political parties opposed the Nazi's? Who were the religious opponents of he Nazi's? Which youth groups opposed the Nazi's? How did the Nazi's encourage notherhood? What aspects of education did the |

| Week 10 | | | |
|---------|--|--|--|
| | Piece of Information | Answer | |
| 1 | How did people resist the Nazis during | By telling anti-Nazi jokes, saying 'Good Morning' rather than | |
| I | the war? | 'Heil Hitler' and listening to the BBC | |
| | | Russia won the Battle of Stalingrad | |
| 2 | Give THREE reasons why the Nazi | RAF and USAAF bombed Germany | |
| | planned for 'total war' after 1943 | • D-Day | |
| | | A new unit of the German army created to defend Germany | |
| 3 | | itself, most recruits were teenagers or older men who had four | |
| | What was the Volkssturm? | days training and wore no uniform | |
| | | Almost 2 million Polish Slavs had been murdered | |
| 4 | | Over 3 million Polish Jews had been murdered | |
| 4 | What were the impacts of Nazi rule on | 1.5 million Poles were sent to Germany as forced | |
| | Polish people? | labourers | |
| 5 | | Mobile killing squads that went to villages and towns in the | |
| 5 | Who were the Einsatzgruppen? | East and murdered Jews | |
| 6 | What does collaboration mean? | Working with or for the Nazis and helping them rule | |
| 7 | What does accommodation mean? | Doing as you were told by the Nazis | |
| | | Led by Reinhard Heydrich | |
| 8 | | The Nazi secret intelligence gathering service | |
| | Give THREE features of the SD: | Identified opposition to the Nazis | |
| | | They had the power to arrest and imprison anyone | |
| 9 | | Only 15,000 Gestapo officers, or 1 per 4,400 people | |
| | Give THREE features of the Gestapo: | Had the power to tap telephones or intercept letters | |
| 10 | | • Harsh punishments: beatings, bread and water rations, | |
| | What were the conditions like in a | and executions | |
| | concentration camp? | Run by the SS Death's Head guards | |

Hospitality and Catering Knowledge Organiser

| Week 1 | Piece of Information | Answer |
|---------------------------------------|--------------------------|---|
| 1 | Food Safety Act(1990) | The act requires all food businesses to provide food that is safe to eat, labelled correctly and are of the quality that people expect. |
| 2 | Food Hygiene regulations | Regulate the production and sale of food to ensure that it is safe to sell. |
| 3 | HACCP | Hazard Analysis of Critical Control Points |
| 4 | COSHH | Control of Substances Hazardous to Health regulations |
| | RIDDOR | Reporting ofInjuries, Diseases and Dangerous Occurrences regulations |
| 6 | Lactose intolerant | A digestive problem where the body is unable to digest a type of sugar mainly found in milk and dairy products. |
| · · · · · · · · · · · · · · · · · · · | Food miles | The distance food travels before it reaches your plate E.g. Travelled by boat, air, road or rail. |
| 8 | Carbon footprint | The amount of CO_2 released into the atmosphere because of a person's activities. |
| 9 | Carbon emissions | The release of carbon into the atmosphere. |
| 10 | Fairtrade | Trade between companies in developed countries and producers in developing countries in which fair prices are paid to the farmers. |

| Week 2 | Piece of Information | Answer |
|--------|------------------------|--|
| 1 | Peak bone mass | When bones have the maximum amount of minerals and are at their strongest and most dense. |
| 2 | Lacto-ovo vegetarian | A person who chooses to eat only plant foods and milk, milk products and eggs but no meat, poultry or fish. |
| 3 | Lacto-vegetarian | A person who chooses to eat only plant foods and milk products but no eggs, meat, poultry or fish. |
| 4 | Vegan | A person who chooses to eat only plant foods and no animal foods. |
| 5 | Free sugars | Sugars, honeys and syrups that are added to foods and drinks by manufacturers. |
| 6 | Vitamins | Are micronutrients essential for health and includes Vitamins A, B, C, D, E and K. |
| 7 | Minerals | Are micronutrients essential for health and includes calcium, phosphorus, sodium, iron, iodine and fluoride. |
| 8 | Water soluble vitamins | Micronutrients that can dissolve in water. They are carried to the body's tissues but are not stored in the body. Vitamins B & C |
| 9 | Fat soluble vitamins | Micronutrients that can dissolve in fats and oils. They are absorbed along with fats in the diet and can be stored in the body's fatty tissue. Vitamins A, D. C & K. |
| 10 | Life stages | Stages of development that people go through during their life E.g. infancy, childhood, adolescence, adulthood and later adulthood. |

| Week 3 | Piece of Information | Answer |
|--------|--|--|
| 1 | Identify/ suggest/give a reason for | To make a list, write a short answer, select words from a diagram or table to complete gaps in a sentence. |
| 2 | Describe | To make a detailed explanation as to how and why something happens. |
| 3 | Explain | To clarify a subject or point by writing down the meaning of it and then showing you understand it by giving a reason. |
| 4 | Analyse | To break an issue down into its separate parts and look at each part in depth, using evidence and explanations to show your understanding. |
| 5 | Evaluate | To make a judgement about how successful or unsuccessful something is and say why it is important. Include evidence for your answer, and come to a final conclusion. |
| 6 | Food Safety Act(1990) | The act requires all food businesses to provide food that is safe to eat, labelled correctly and are of the quality that people expect. |
| 7 | Food Hygiene regulations | Regulate the production and sale of food to ensure that it is safe to sell. |
| 8 | HACCP | Hazard Analysis of Critical Control Points |
| 9 | СОЅНН | Control of Substances Hazardous to Health regulations |
| 10 | RIDDOR | Reporting ofInjuries, Diseases and Dangerous Occurrences regulations |

| Week 4 | | |
|--------|----------------------|--|
| | Piece of Information | Answer |
| 1 | Appetising | Food prepared, cooked and served so well that people want to eat it. |
| 2 | Senses | The ability of the body to react to things through sight, taste, sound, smell and touch. |
| 3 | Contingency | A back up plan to deal with either an emergency situation E.g the cooker breaks down. |
| 4 | Garnish | To decorate or embellish food. |
| 5 | Mise en place | This means having everything (ingredients, tools and equipment) ready and in place before you start cooking. |
| 6 | Lactose intolerant | A digestive problem where the body is unable to digest a type of sugar mainly found in milk and dairy products. |
| 7 | Food miles | The distance food travels before it reaches your plate E.g. Travelled by boat, air, road or rail. |
| 8 | Carbon footprint | The amount of CO_2 released into the atmosphere because of a person's activities. |
| 9 | Carbon emissions | The release of carbon into the atmosphere. |
| 10 | Fairtrade | Trade between companies in developed countries and producers in developing countries in which fair prices are paid to the farmers. |

| Week 5 | | |
|--------|---------------------------|---|
| | Piece of Information | Answer |
| 1 | | A member of the kitchen brigade who is in charge of the kitchen. |
| | Executive chef/ Head chef | Responsibilities include planning menus and ordering stock. |
| | | A member of the kitchen brigade who is second in command. Responsibilities |
| 2 | Sous chef | include food production and day-to-day running of the kitchen. |
| | | A member of the kitchen brigade who is responsible for a section or area in |
| 3 | Chef de partie | the kitchen. |
| | | A member of the kitchen brigade who is a trainee or apprentice chef, learning |
| 4 | Commis chef | all basic skills required. |
| | | A member of front of house staff who is responsible for looking after the |
| 5 | Housekeeper | cleanliness of the bedrooms in a hotel. |
| 0 | | When bones have the maximum amount of minerals and are at their |
| 6 | Peak bone mass | strongest and most dense. |
| - | | A person who chooses to eat only plant foods and milk, milk products and |
| ' | Lacto-ovo vegetarian | eggs but no meat, poultry or fish. |
| | | A person who chooses to eat only plant foods and milk products but no eggs, |
| 8 | Lacto-vegetarian | meat, poultry or fish. |
| 9 | Vegan | A person who chooses to eat only plant foods and no animal foods. |
| 40 | | Sugars, honeys and syrups that are added to foods and drinks by |
| 10 | Free sugars | manufacturers. |

| Week 6 | | |
|--------|----------------------|--|
| | Piece of Information | Answer |
| 4 | | A system used to order the way food passes through the kitchen from |
| 1 | Workflow | delivery to the dining room. |
| | | The design of a kitchen including the way work surfaces, storage and cooking |
| 2 | Kitchen layout | are organised into different sections. |
| | | A method of stock rotation used in the industry. Stock is used on a 'First-In, |
| 3 | FIFO | First-Out' basis. This helps to prevent wastage. |
| 4 | Hot holding | A method of keeping food warm. The temperature must remain above 63°C |

| | | for no longer than 2 hours. |
|---------------------------------------|------------------------|--|
| 5 | | A policy that outlines the uniform requirements. It usually specifies it should |
| | Dress code | be clean, ironed and changed daily with no jewellery worn. |
| 6 | | Are micronutrients essential for health and includes Vitamins A, B, C, D, E |
| | Vitamins | and K. |
| - | | Are micronutrients essential for health and includes calcium, phosphorus, |
| · · · · · · · · · · · · · · · · · · · | Minerals | sodium, iron, iodine and fluoride. |
| 8 | | Micronutrients that can dissolve in water. They are carried to the body's |
| | Water soluble vitamins | tissues but are not stored in the body. Vitamins B & C |
| 9 | | Micronutrients that can dissolve in fats and oils. They are absorbed along |
| | | with fats in the diet and can be stored in the body's fatty tissue. Vitamins A, D. |
| | Fat soluble vitamins | С&К. |
| 10 | | Stages of development that people go through during their life E.g. infancy, |
| | Life stages | childhood, adolescence, adulthood and later adulthood. |

| Week 7 | | |
|--------|--------------------------|---|
| | Piece of Information | Answer |
| 1 | Microorganism | Tiny forms of life that can only be seen under a microscope which include bacteria, fungi and yeast. |
| 2 | Hygiene | The practice of keeping clean to stay healthy and prevent disease. |
| 3 | Bacteria | Microscopic single-celled organisms without a nucleus. |
| 4 | Hazard | Something that causes danger or risk. |
| 5 | Contaminate | Make a food unsafe to eat by allowing it to come into contact with microorganisms. |
| 6 | Food Safety Act(1990) | The act requires all food businesses to provide food that is safe to eat, labelled correctly and are of the quality that people expect. |
| 7 | Food Hygiene regulations | Regulate the production and sale of food to ensure that it is safe to sell. |
| 8 | HACCP | Hazard Analysis of Critical Control Points |
| 9 | сознн | Control of Substances Hazardous to Health regulations |
| 10 | RIDDOR | Reporting ofInjuries, Diseases and Dangerous Occurrences regulations |

| Week 8 | | |
|--------|--|--|
| | Piece of Information | Answer |
| 1 | Food Poisoning | An illness caused by microorganisms contaminating food. |
| 2 | Cross-contamination | How bacteria are spread from one source onto food. |
| 3 | Toxins | Another name for a poison |
| 4 | Pathogenic | Something that causes illness |
| 5 | Mould | Microorganisms related to mushrooms |
| 6 | Identify/ suggest/give a reason for | To make a list, write a short answer, select words from a diagram or table to complete gaps in a sentence. |
| 7 | Describe | To make a detailed explanation as to how and why something happens. |
| 8 | Explain | To clarify a subject or point by writing down the meaning of it and then showing you understand it by giving a reason. |
| 9 | Analyse | To break an issue down into its separate parts and look at each part in depth, using evidence and explanations to show your understanding. |
| 10 | Evaluate | To make a judgement about how successful or unsuccessful something is and say why it is important. Include evidence for your answer, and come to a final conclusion. |

| Week 9 | | |
|--------|----------------------|---|
| | Piece of Information | Answer |
| 1 | Listeria | Bacteria found in fresh milk, soft cheese and pate |
| 2 | E.coli | Bacteria found in meat and dirty water |
| 3 | Campylobacter | Bacteria found in raw and undercooked poultry |
| 4 | Bacillus Cereus | Bacteria found in the soil |
| 5 | Salmonella | Bacteria found in raw meat, and some eggs |
| 6 | Appetising | Food prepared, cooked and served so well that people want to eat it. |
| 7 | | The ability of the body to react to things through sight, taste, sound, smell |
| · · | Senses | and touch. |
| 8 | | A back up plan to deal with either an emergency situation E.g the cooker |
| 0 | Contingency | breaks down. |
| 9 | Garnish | To decorate or embellish food. |
| 10 | | This means having everything (ingredients, tools and equipment) ready and |
| 10 | Mise en place | in place before you start cooking. |

| Week 10 | | |
|---------|----------------------|---|
| | Piece of Information | Answer |
| 1 | Micronutrient | A type of food that is required in small amounts in the diet. |
| 2 | Macronutrient | A type of food that is required in large amounts in the diet. |
| 3 | Dietary Fibre | Indigestible part of a plant that passes through the digestive system without being absorbed. |
| 4 | Deficiency | .Not enough of something |
| 5 | Excess | .Too much of something. |
| 6 | Listeria | Bacteria found in fresh milk, soft cheese and pate |
| 7 | E.coli | Bacteria found in meat and dirty water |
| 8 | Campylobacter | Bacteria found in raw and undercooked poultry |
| 9 | Bacillus Cereus | Bacteria found in the soil |
| 10 | Salmonella | Bacteria found in raw meat, and some eggs |

Music Knowledge Organiser

| Week 1 | | |
|--------|----------------------|---|
| | Piece of Information | Answer |
| 1 | RAP | Stands for Rhythm and Poetry. |
| 2 | Riff | A short repeated phrase in popular music and jazz, typically used as an introduction or refrain in a song. |
| 3 | Hook | A hook is the most memorable part of a pop or rock song. |
| 4 | Drum Beat | A beat played by a drum kit. |
| 5 | Bass Line | The lowest part or sequence of notes in a piece of music. |
| 6 | Backing Vocals | A backing vocalist or backup singer is a singer who provides vocal harmony for the lead vocalist; usually in pop music. |
| 7 | Major | Is a happy sounding tonality. |
| 8 | Minor | Is a sad sounding tonality. |
| 9 | Ostinato | Short melodic phrases repeated throughout a composition, sometimes slightly varied or transposed to a different pitch. |
| 10 | Veres | A repeated section of a song that typically features a new set of lyrics on each repetition |

| Week 2 | | |
|--------|----------------------|---|
| | Piece of Information | Answer |
| 1 | | A repeated section in a song. It is usually the most memorable part of the |
| 1 | Chorus | song. |
| 2 | Rhyming Couplet | Using the same number of syllables or different number of syllables to rhyme. |
| 3 | Beat | A unit of time in music; also named the pulse. |
| | | A electronic musical instrument that generates audio signals. Synthesisers |
| 4 | Synthesisers | typically create sounds by generating waveforms through methods |
| 5 | | A musical instrument similar to a piano, which has a row of levers which are |
| 5 | Keyboard | pressed by the fingers. |
| 6 | | When you combine multiple individual sounds to create a single, more |
| 0 | Layers | complete sound. |
| 7 | Rap battle | Where two rappers freestyle in competition to see who's the best. |
| 8 | Cadence and flow | The rhythm of the words against the beat. |
| 9 | Freestyling | Rap improvisation. |
| 10 | Rap battle | Where two rappers freestyle in competition to see who's the best. |

| Week 3 | | |
|--------|----------------------|---|
| | Piece of Information | Answer |
| 1 | Orchestra | A large group of musicians who play many different instruments together and are led by a conductor. |
| 2 | Sound effects | A sound other than speech or music made artificially for use in a play, film, or other broadcast production. |
| 3 | Diegetic | Music that is part of the fictional world portrayed in a piece of narrative media. |
| 4 | Non-diegetic | Any sound in a film that doesn't originate from the world of the film. |
| 5 | Interval | A difference in pitch between two sounds. |
| 6 | Perfect 5th | The interval from the first to the last of the first five consecutive notes in a diatonic scale. e.g. C to G or D to A. |
| 7 | Perfect 4th | an interval of 5 semitones between 2 notes. e.g. C to F or D to G. |

| | 8 | | A section of instruments in the orchestra that you must blow into to create a sound; often made up of Piccolo, Flute, Oboe, Clarinet and Bassoon. |
|---|----|-----------|---|
| | 9 | | An unstressed pickup or lead-in note or group of notes that precedes the first accented note of a phrase. |
| ſ | 10 | Pizzicato | Plucking the strings of a violin or other stringed instrument with one's finger. |

| Week 4 | | |
|--------|------------------------|--|
| | Piece of Information | Answer |
| 1 | | Is a motif or phrase that persistently repeats in the same musical voice, |
| | Ostinato | frequently in the same pitch. |
| | | A short musical idea—shorter than a phrase—that occurs often in a piece of |
| 2 | Motif | music. |
| | | A short, recurring musical phrase" associated with a particular person, place, |
| 3 | Leitmotif | or idea. |
| | | A section of instruments in the orchestra that have strings attached to the |
| 4 | String instruments | instruments; often made up of Violin, Viola, Cello and Double Bass. |
| _ | | A section of instruments in the orchestra is made from a yellow metal; often |
| 5 | Brass instruments | made up of Trumpets, Trombones, French Horns and Tuba. |
| 6 | Percussion instruments | A section of instruments in the orchestra that you can hit, shake or scrape. |
| 7 | Major | Is a major sounding tonality. |
| 8 | Minor | Is a sad sounding tonality. |
| | | A harmonic or monophonic effect or accompaniment where a note or chord is |
| 9 | Drone | continuously sounded throughout most or all of a piece. |
| 10 | | Is a note that is held through changing harmonies, starting as a chord tone |
| 10 | Pedal Note | before becoming a non-chord tone. |

| Week 5 | Piece of Information | Answer |
|--------|----------------------|---|
| 1 | Solo | Is a piece or a section of a piece played or sung featuring a single performer |
| 2 | Duet | Musical composition for two performers in which the performers have equal importance to the piece |
| 3 | Homophonic | A texture that contains two or more melodies playing at the same time |
| 4 | Polyphonic | A texture that contains two or more melodies playing at the same time |
| 5 | Unison | Occurs when two or more people play or sing the same pitch or in octaves. |
| 6 | Sonic Features | sound spectrum, frequency range, equalisation, dynamics, sound contrast, mix, panning, and effects processing. |
| 7 | Electronic Sounds | from sounds picked up by microphones to those produced by electronic oscillators. |
| 8 | Gamelan | is the traditional ensemble music of the Javanese, Sundanese, and Balinese peoples of Indonesia, made up predominantly of percussive instruments. |
| 9 | Ensemble | also known as a music group or musical group, is a group of people who perform instrumental and/or vocal music. |
| 10 | FX | An abbreviation for sound effects used in music |

| Week 6 | | |
|--------|----------------------|---|
| | Piece of Information | Answer |
| 1 | Brass Band | is a musical ensemble consisting almost entirely of a standard range of brass instruments. |
| 2 | Windband | is basically an orchestra with the strings removed and saxophones added. |
| 3 | String Quartet | A musical ensemble consisting of two Violins, Viola and Cello. |
| 4 | Piano Trio | A musical ensemble consisting of a piano and two other instruments. |
| 5 | Major Scale | A major scale consists of eight ascending notes and follows the following pattern; TTSTTTS |
| 6 | Minor Scale | A major scale consists of eight ascending notes and follows the following pattern; TSTTSTT |
| 7 | Foley | is the reproduction of everyday sound effects that are added to films, videos, and other media. |
| 8 | Samba | Is a Brazilian genre of music. |
| 9 | Bhangra | is a type of non-traditional music of Punjab originating in Britain. |
| 10 | | a language that can send messages, tell stories and communicate emotions. Drums in Africa come in many shapes and sizes and have many different playing styles. |

| Week 7 | | |
|--------|----------------------|---|
| | Piece of Information | Answer |
| 1 | Rock 'n' Roll | characterised by a heavy beat and uncomplicated melodies. It first emerged as a fusion of rhythm and blues with country music. |
| 2 | British Invasion | musical movement of the mid-1960s composed of British rock-and-roll ("beat") groups whose popularity spread rapidly to the United States. |
| 3 | Folk Revival | largely an urban affair, driven by a growing population of young people who embraced the nation's populist folk tradition while also protesting the injustices of modern society. |
| 4 | Motown and Soul | the sound of soul music and popularised the genre in the 1960s. |
| 5 | Psychedelic | Surreal, whimsical, esoterically or literary-inspired lyrics are often used. There is often a strong emphasis on extended instrumental segments or jams. |
| 6 | Heavy Metal | genre of rock music that includes a group of related styles that are intense, virtuosic, and powerful. |
| 7 | Prog | a subgenre of classical or symphonic rock music. |
| 8 | Punk | Rooted in 1950s rock and roll and 1960s garage rock, punk bands rejected the corporate nature of mainstream 1970s rock music. |
| 9 | Disco | a genre of dance music and a subculture that emerged in the 1970s from the United States' urban nightlife scene. |
| 10 | Reggae | style of popular music that originated in Jamaica in the late 1960s and quickly emerged as the country's dominant music. |

| Week 8 | | |
|--------|----------------------|--|
| | Piece of Information | Answer |
| 1 | Synth pop | a subgenre of pop music in which the synthesiser is the main musical instrument. |
| 2 | Hip-hop | originated as an anti-drug and anti-violence genre consisting of stylized rhythmic music (usually built around drum beats) that often accompanies rapping, a rhythmic delivery of poetic speech. |
| 3 | Post Punk | electro-pop melodies, distorted guitars, avant-garde industrial sounds, and reggae beats, and thus is not an easily definable musical category. |
| 4 | Hardcore | a reaction to the "cosmopolitan art-school" style of new wave music. The impact of powerful volume is important in this genre. |
| 5 | Grunge | yrics are typically dark, nihilistic, wretched, angst-filled and anguished, often addressing themes such as social alienation, self-doubt, abuse, assault, neglect, betrayal, social isolation/emotional isolation, psychological trauma, and a desire for freedom. |
| 6 | Britpop | movement of British rock bands in the 1990s that drew consciously on the tradition of melodic, guitar-based British pop music established by the Beatles. |
| 7 | Rave | may either refer to the late 1980s/early 1990s genres of house, new beat, breakbeat, acid house, techno and hardcore techno |
| 8 | Techno | consists of a 4/4 synthesised kick drum, a BPM (beats per minute) of 120 to 140, repetitive beats and loops using percussion instruments, and the heavy use of synthesisers. |
| 9 | House/ Techno | dance music performed with electronic instruments, evolved out of German electro-pop and American house music in the 1970s and 1980s. |
| 10 | Drum and Bass | a genre of electronic dance music characterised by fast breakbeats with heavy bass and sub-bass lines, samples, and synthesisers. |

| Week 9 | | |
|--------|----------------------|---|
| | Piece of Information | Answer |
| 1 | Nu-Metal | Intense and angry lyrics, off-pitch guitars, and heavily amplified beats |
| | | a rock music genre that fuses elements of punk rock and power pop and |
| 2 | Pop punk | рор. |
| 3 | | a subgenre of electronic dance music with roots in Jamaican dub, British |
| | Dubstep | drum'n'bass, and garage. |
| 4 | | songs have a hook which is repeated throughout the song. Latino ethnic |
| 4 | Reggaeton | identity is a common musical, lyrical and visual theme. |
| 5 | | a genre of electronic dance music (EDM) that emerged in London in the early |
| 5 | Grime | 2000s. |
| | | music uses synthesised drums and is characterised by complex hi-hat |
| 6 | | patterns, tuned kick drums with a long decay, and lyrical content that often |
| | Тгар | focuses on drug use and urban violence. |
| 7 | | one of the earliest-known styles of blues. It originated in the Mississippi Delta |
| | Delta Blues | and is regarded as a regional variant of country blues. |
| 8 | | the music of New Orleans, Ragtime, Dixieland, Stride Piano, Boogie Woogie |
| 0 | Trad Jazz | and Swing. |
| 9 | | took the harmonies of the old jazz and superimposed on them additional |
| 9 | Bebop | "substituted" chords. |
| 10 | | an introductory chorus that stated the theme, choruses arranged for soloists, |
| 10 | Swing/ Big Band | and climactic out-choruses. |

| Week 10 | | | |
|-------------------------------|----------------------|---|--|
| | Piece of Information | Answer | |
| | | jazz that makes use of musical modes, often modulating among them to | |
| 1 | | accompany the chords instead of relying on one tonal centre used across the | |
| | Modal Jazz | piece. | |
| 2 | | the period or dominant style of Western classical music composed from about | |
| 2 | Baroque | 1600 to 1750. J.S. Bach is a key composer of this style. | |
| ۰ ر | | the period or dominant style of Western classical music composed from | |
| 3 | classical | about 1750 to 1827. | |
| 4 | | the period or dominant style of Western classical music composed from | |
| 4 Romantic about 1827 - 1911. | | about 1827 - 1911. | |
| - | | emphasises repetition, shifting rhythmic patterns, and composition concepts | |
| 5 | Minimalism | that extend beyond traditional classical music. | |
| 0 | | a method of composition using a series of pitches, rhythms, dynamics, | |
| 6 | Serialism | timbres or other musical elements. | |
| 7 | Jingles | is a short song or tune used in advertising and for other commercial uses. | |
| | | Is a musical composition which is often written specifically for radio | |
| 8 | | programming, television shows, video games, or films and is usually played | |
| | Theme Tunes | during the title sequence, opening credits, closing credits | |
| | | an audio recording or performance of sounds that create the sensation of | |
| 9 | Soundscapes | experiencing a particular acoustic environment, | |
| 40 | | is a genre of music that emphasises tone and atmosphere over traditional | |
| 10 | Ambient Music | musical structure or rhythm. | |

Sport Science Knowledge Organiser

| Week 1 | | | |
|--------|----------------------|---|--|
| | Piece of Information | Answer | |
| 1 | Chamber | Sections of the heart that allows blood flow through | |
| 2 | Ventricles | Lower chamber of the heart that pumps blood out through arteries | |
| 3 | Atria | Upper chambers of the heart that collect blood from veins | |
| 4 | Deoxygenated blood | Blood that does not carry oxygen | |
| 5 | Oxygenated blood | That carries oxygen | |
| 6 | Valves | Prevent the backflow of blood | |
| 7 | Carbon dioxide | Gas that is produced as a waste product during internal respiration | |
| 8 | Diaphragm | Dome-shaped muscle causing inhalation and exhalation | |
| 9 | Heart rate | The number of times the heart beats per minute | |
| 10 | Radial pulse | Heart rate that can be felt at the wrist | |

| Week 2 | | |
|--------|----------------------|--|
| | Piece of Information | Answer |
| 1 | Carotid pulse | Heart rate that can be felt at the neck |
| 2 | Cardiac output | The volume of blood that the heart is able to pump in one minute |
| 3 | Stroke volume | The volume of blood that leaves the heart during each contraction |
| 4 | Inhalation | Breathing in |
| 5 | Exhalation | Breathing out |
| 6 | ROM | Range of movement |
| 7 | Arteries | Blood vessels that mainly carry oxygenated blood away from the heart |
| 8 | Capillaries | Tiny, thin-walled blood vessels that join arteries |
| 9 | Alveoli | Tiny air sacs in the lungs |
| 10 | Veins | Blood vessels that mainly carry deoxygenated blood back to the heart |

| Week 3 | | | |
|--------|--------------------------|---|--|
| | Piece of Information | Answer | |
| 1 | Trachea | Tube connecting the mouth and nose to the lungs | |
| 2 | Lungs | Large spongy organs in chest; used for gas exchange | |
| 3 | Bronchi | Airways that lead from the trachea into the lungs | |
| 4 | Bronchioles | Air passages inside the lungs that connect the bronchi to the alveoli | |
| 5 | Vasoconstriction | Reduction in the diameter of a blood vessel to reduce blood flow through that vessel | |
| 6 | Vasodilation | Widening in the diameter of blood vessels to increase blood flow through that vessel | |
| 7 | Vascular shunt | How the body directs blood to where it is needed by widening or reducing the diameter of arteries | |
| 8 | Intercostal muscle | Muscle located between the ribs | |
| 9 | Systolic blood pressure | Blood pressure when the heart is contracting | |
| 10 | Diastolic blood pressure | Blood pressure when the heart is relaxed | |

| Week 4 | | | |
|--------|--------------------------------|---|--|
| | Piece of Information | Answer | |
| 1 | Internal respiration | The exchange of gases between the cells of body and the blood | |
| 2 | Diffusion | The movement of a gas from an area of high concentration to an area of low concentration | |
| 3 | Fast twitch fibres | Muscle fibres that contract quickly and/or with high force; used during high intensity work | |
| 4 | Slow twitch fibres | Muscle fibres that contract with a low force but do not fatigue | |
| 5 | Lung capacity | The amount of air the lung can hold | |
| 6 | Tidal volume | The amount of air breathed in and out at rest | |
| 7 | Heart attack | Medical emergency in which the supply of blood to the heart is suddenly blocked | |
| 8 | Technology | Putting scientific knowledge into practical use to solve problems or invent useful tools | |
| 9 | Wearable technology | Technology worn on the body during exercise to provide data | |
| 10 | Laboratory-based technology | The use of technology inside a laboratory to provide data | |

| Week 5 | | | |
|--------|------------------------|--|--|
| | Piece of Information | Answer | |
| 1 | Field-based technology | Technology that can be used to provide data outside of a laboratory in the setting where sports take place | |
| 2 | Chamber | Sections of the heart that allows blood flow through | |
| 3 | Ventricles | Lower chamber of the heart that pumps blood out through arteries | |
| 4 | Atria | Upper chambers of the heart that collect blood from veins | |
| 5 | Deoxygenated blood | Blood that does not carry oxygen | |
| 6 | Oxygenated blood | That carries oxygen | |
| 7 | Valves | Prevent the backflow of blood | |
| 8 | Carbon dioxide | Gas that is produced as a waste product during internal respiration | |
| 9 | Diaphragm | Dome-shaped muscle causing inhalation and exhalation | |
| 10 | Heart rate | The number of times the heart beats per minute | |

| Week 6 | | | |
|--------|----------------------|--|--|
| | Piece of Information | Answer | |
| 1 | Carotid pulse | Heart rate that can be felt at the neck | |
| 2 | Cardiac output | The volume of blood that the heart is able to pump in one minute | |
| 3 | Stroke volume | The volume of blood that leaves the heart during each contraction | |
| 4 | Inhalation | Breathing in | |
| 5 | Exhalation | Breathing out | |
| 6 | ROM | Range of movement | |
| 7 | Arteries | Blood vessels that mainly carry oxygenated blood away from the heart | |
| 8 | Capillaries | Tiny, thin-walled blood vessels that join arteries | |
| 9 | Alveoli | Tiny air sacs in the lungs | |
| 10 | Veins | Blood vessels that mainly carry deoxygenated blood back to the heart | |

| Week 7 | | |
|--------|--------------------------|---|
| | Piece of Information | Answer |
| 1 | Trachea | Tube connecting the mouth and nose to the lungs |
| 2 | Lungs | Large spongy organs in chest; used for gas exchange |
| 3 | Bronchi | Airways that lead from the trachea into the lungs |
| 4 | Bronchioles | Air passages inside the lungs that connect the bronchi to the alveoli |
| 5 | Vasoconstriction | Reduction in the diameter of a blood vessel to reduce blood flow through that |
| 5 | | vessel |
| 6 | Vasodilation | Widening in the diameter of blood vessels to increase blood flow through that |
| vessel | | vessel |
| 7 | Vascular shunt | How the body directs blood to where it is needed by widening or reducing the |
| 1 | | diameter of arteries |
| 8 | Intercostal muscle | Muscle located between the ribs |
| 9 | Systolic blood pressure | Blood pressure when the heart is contracting |
| 10 | Diastolic blood pressure | Blood pressure when the heart is relaxed |

| Week 8 | Piece of Information | Answer | |
|--------|--------------------------------|---|--|
| 1 | Internal respiration | The exchange of gases between the cells of body and the blood | |
| 2 | Diffusion | The movement of a gas from an area of high concentration to an area of low concentration | |
| 3 | Fast twitch fibres | Muscle fibres that contract quickly and/or with high force; used during high intensity work | |
| 4 | Slow twitch fibres | Muscle fibres that contract with a low force but do not fatigue | |
| 5 | Lung capacity | The amount of air the lung can hold | |
| 6 | Tidal volume | The amount of air breathed in and out at rest | |
| 7 | Heart attack | Medical emergency in which the supply of blood to the heart is suddenly blocked | |
| 8 | Technology | Putting scientific knowledge into practical use to solve problems or invent useful tools | |
| 9 | Wearable technology | Technology worn on the body during exercise to provide data | |
| 10 | Laboratory-based technology | The use of technology inside a laboratory to provide data | |

| Week 9 | | | |
|--------|----------------------|---|--|
| | Piece of Information | Answer | |
| 1 | Chamber | Sections of the heart that allows blood flow through | |
| 2 | Ventricles | Lower chamber of the heart that pumps blood out through arteries | |
| 3 | Atria | Upper chambers of the heart that collect blood from veins | |
| 4 | Deoxygenated blood | Blood that does not carry oxygen | |
| 5 | Oxygenated blood | That carries oxygen | |
| 6 | Valves | Prevent the backflow of blood | |
| 7 | Carbon dioxide | Gas that is produced as a waste product during internal respiration | |
| 8 | Diaphragm | Dome-shaped muscle causing inhalation and exhalation | |
| 9 | Heart rate | The number of times the heart beats per minute | |
| 10 | Radial pulse | Heart rate that can be felt at the wrist | |

| Week 10 | | |
|---------|--------------------------------|--|
| | Piece of Information | Answer |
| 1 | Carotid pulse | Heart rate that can be felt at the neck |
| 2 | Cardiac output | The volume of blood that the heart is able to pump in one minute |
| 3 | Stroke volume | The volume of blood that leaves the heart during each contraction |
| 4 | Inhalation | Breathing in |
| 5 | Exhalation | Breathing out |
| 6 | ROM | Range of movement |
| 7 | Technology | Putting scientific knowledge into practical use to solve problems or invent useful tools |
| 8 | Wearable technology | Technology worn on the body during exercise to provide data |
| 9 | Laboratory-based technology | The use of technology inside a laboratory to provide data |
| 10 | Field-based technology | Technology that can be used to provide data outside of a laboratory in the setting where sports take place |

Spanish Knowledge Organiser:

| Week 1 | Piece of Information | Answer |
|--------|---|---|
| 1 | tengo hambre | l'm hungry |
| 2 | tengo prisa | I'm in a hurry |
| 3 | soy goloso/a | I have a sweet tooth |
| 4 | suelo desayunar fruta | I usually have fruit for breakfast |
| 5 | los fines de semana desayuno huevos | at the weekends I have eggs for breakfast |
| 6 | entre semana almuerzo un bocadillo | on weekdays I have a sandwich for lunch |
| 7 | los sábados almuerzo una hamburguesa | on Saturday I have a hamburger for lunch |
| 8 | algo dulce | something sweet |
| 9 | algo ligero | something light |
| 10 | algo rápido | something quick |

| Week 2 | Piece of Information | Answer |
|--------|--|--|
| 1 | me ducho | I shower |
| 2 | me lavo los dientes | I clean my teeth |
| 3 | me visto | I get dressed |
| 4 | me acuesto | I go to bed |
| 5 | durante la semana me despierto a las siete | during the week I wake up at seven |
| 6 | los fines de semana me levanto a las ocho | at the weekends I get up at eight |
| 7 | salgo de casa a las ocho | I leave home at eight |
| 8 | vuelvo a casa a las cuatro | I return home at four |
| 9 | odio levantarme tarde | I hate getting up late |
| 10 | me gusta levantarme temprano | I like getting up early |

| Week 3 | Piece of Information | Answer |
|--------|------------------------------------|-------------------------------------|
| 1 | el mes pasado celebré mi cumplaños | last month I celebrated my birthday |
| 2 | me levanté temprano | I got up early |
| 3 | me vestí con mi mejor ropa | I put on my best clothes |
| 4 | abrí regalos | I opened presents |
| 5 | comí una tarta de cumpleaños | I ate a birthday cake |
| 6 | lo pasé genial | it was great |
| 7 | para la Nochebuena | for Christmas Eve |
| 8 | para el Día de Navidad | for Christmas Day |
| 9 | para la Nochevieja | for New Year's Eve |
| 10 | fui a la iglesia | I went to the church |

| Week 4 | Piece of Information | Answer | |
|--------|------------------------------------|--------------------------------------|--|
| 1 | para el baile de fin de curso | for the school prom | |
| 2 | voy a vestirme con mi mejor ropa | I am going to put on my best clothes | |
| 3 | voy a bailar con mis amigos | I am going to dance with my friends | |
| 4 | vamos a cantar | we are going to sing | |
| 5 | va a ser asombroso | it is going to be amazing | |
| 6 | el mes pasado celebré mi cumplaños | last month I celebrated my birthday | |
| 7 | comí una tarta de cumpleaños | I ate a birthday cake | |
| 8 | me levanté temprano | I got up early | |
| 9 | odio levantarme tarde | I hate getting up late | |
| 10 | me gusta levantarme temprano | I like getting up early | |

| Week 5 | Piece of Information | Answer | |
|--------|-------------------------------------|---|--|
| 1 | me gustaría probar el gazpacho | I would like to try gazpacho | |
| 2 | es un tipo de sopa | it's a type of soup | |
| 3 | es un plato frío | it is a cold dish | |
| 4 | es un plato caliente | it is a hot dish | |
| 5 | contiene verduras | it contains vegetable | |
| 6 | soy goloso/a | I have a sweet tooth | |
| 7 | los fines de semana desayuno huevos | at the weekends I have eggs for breakfast | |
| 8 | entre semana almuerzo un bocadillo | on weekdays I have a sandwich for lunch | |
| 9 | algo dulce | something sweet | |
| 10 | algo ligero | something light | |

| Week | | | |
|------|--|--|--|
| 6 | Piece of Information | Answer | |
| 1 | es una mezcla de verduras distintas | it is a mix of different vegetables | |
| 2 | me parece sabroso | it seems tasty | |
| 3 | su ingrediente principal es pescado | its main ingredient is fish | |
| 4 | fue inventado hace mil años | it was invented one thousand years ago | |
| 5 | es conocido en todo el mundo | it is known throughout the world | |
| 6 | durante la semana me despierto a las siete | during the week I wake up at seven | |
| 7 | salgo de casa a las ocho | I leave home at eight | |
| 8 | vuelvo a casa a las cuatro | I return home at four | |
| 9 | me gustaría probar el gazpacho | I would like to try gazpacho | |
| 10 | es un plato frío | it is a cold dish | |

| Week 7 | Piece of Information | Answer | |
|--------|------------------------------------|---|--|
| 1 | la fiesta de | the festival | |
| 2 | se celebra en España | it is celebrated in Spain | |
| 3 | se caracteriza por | it is characterised by | |
| 4 | se lanzan huevos y harina | they throw eggs and flour | |
| 5 | se disparan fuegos artificiales | fireworks are set off | |
| 6 | es conocido en todo el mundo | it is known throughout the world | |
| 7 | me gustaría probar el gazpacho | I would like to try gazpacho | |
| 8 | entre semana almuerzo un bocadillo | on weekdays I have a sandwich for lunch | |
| 9 | el mes pasado celebré mi cumplaños | last month I celebrated my birthday | |
| 10 | comí una tarta de cumpleaños | I ate a birthday cake | |

| Week | | |
|------|---------------------------------|----------------------------------|
| 8 | Piece of Information | Answer |
| 1 | se queman | are burned |
| 2 | figuras de madera | wooden figures |
| 3 | se construyen | are built |
| 4 | hogueras | bonfires |
| 5 | hay desfiles | there are parades |
| 6 | se celebra en España | it is celebrated in Spain |
| 7 | se disparan fuegos artificiales | fireworks are set off |
| 8 | es conocido en todo el mundo | it is known throughout the world |
| 9 | tengo hambre | l'm hungry |
| 10 | tengo prisa | I'm in a hurry |

| Week | | |
|------|--|---------------------------------------|
| 9 | Piece of Information | Answer |
| 1 | el año pasado asistí un festival de música | last year I attended a music festival |
| 2 | fui con mis amigos | I went with my friends |
| 3 | decidimos acampar | we decided to camp |
| 4 | vimos nuestras bandas favoritas | we saw our favourite bands |
| 5 | bailamos y cantamos | we danced and we sang |
| 6 | se celebra en España | it is celebrated in Spain |
| 7 | se disparan fuegos artificiales | fireworks are set off |
| 8 | se queman | are burned |
| 9 | figuras de madera | wooden figures |
| 10 | me levanté temprano | I got up early |

| Week | | | |
|------|--|---|--|
| 10 | Piece of Information | Answer | |
| 1 | me gustó mucho | l liked it a lot | |
| 2 | lo pasé genial | it was great | |
| 3 | el año próximo voy a asistir un festival de música | next year I am going to attend a music festival | |
| 4 | voy a bailar y cantar | I am going to dance and sing | |
| 5 | va a ser genial | it's going to be great | |
| 6 | el año pasado asistí un festival de música | last year I attended a music festival | |
| 7 | fui con mis amigos | I went with my friends | |
| 8 | decidimos acampar | we decided to camp | |
| 9 | vimos nuestras bandas favoritas | we saw our favourite bands | |
| 10 | bailamos y cantamos | we danced and we sang | |

RE Knowledge Organiser:

| Week 1 | Piece of Information | Answer |
|--------|----------------------|--|
| 1 | Abortion | This is the removal of the foetus from the womb to end pregnancy. This is legal in the UK. |
| 2 | Afterlife | This is the belief about what happens after we die to the self/soul. |
| 3 | Animal rights | This is the idea that animals should have rights because of respect for life. |
| 4 | Awe and Wonder | This is to have devout respect for God and to marvel at the complexity of the universe. |
| | Big Bang Theory | This is the scientific view of the beginning of the universe. |
| 6 | Charles Darwin | This is the man who put forward the theory of evolution in the19th Century. |
| 7 | Conception | This is when the sperm fertilises the female egg so allowing pregnancy. |
| 8 | Conservation | This is to repair and protect animals and areas of natural beauty. |
| 9 | Creation | This is the idea that God created the world/universe from nothing. |
| 10 | Dominion | This is the idea that humans have the right to control all of creation. |

| Week 2 | Piece of Information | Answer |
|--------|----------------------|--|
| 1 | Environment | This is the world around us. |
| 2 | Euthanasia | This means 'a good or gentle death' and is the action of painlessly ending the life of someone who is dying. |
| 3 | Evolution | The scientific theory of how organisms are thought to have developed from earlier forms of life. |
| 4 | Fossil fuels | These are the Earth's natural resources - coal, oil and gas. |
| 5 | Hospice | This is a place that cares for the dying usually from an incurable disease. |
| 6 | Hypothesis | This is a proposed explanation of something. |
| 7 | Natural selection | This is one of the basic mechanisms of evolution. |
| 8 | Pro-choice | These are pressure groups which campaign for the right of a woman to decide on abortion. |
| 9 | Pro-life | These are pressure groups which campaign against abortion/euthanasia. |
| 10 | Quality of life | This is the general well-being of a person, in relation to their health and happiness. |

| Week 3 | Piece of Information | Answer |
|--------|----------------------|--|
| 1 | Right to die | This is the belief that a human being should be able to control their own death. |
| 2 | Sanctity of Life | This is the idea that life is holy and given by God, therefore only God can take it away. |
| 3 | Science | This is the knowledge coming from observed regularity in nature and experimentation. |
| 4 | Stewardship | This is the belief that people have a duty to protect and care for the earth and its environment. In Islam it is also known as khalifah. |
| 5 | Vegetarian | This is a person who does not eat meat or fish. |
| 6 | Abortion | This is the removal of the foetus from the womb to end pregnancy. This is legal in the UK. |
| 7 | Afterlife | This is the belief about what happens after we die to the self/soul. |
| 8 | Animal rights | This is the idea that animals should have rights because of respect for life. |
| 9 | Awe and Wonder | This is to have devout respect for God and to marvel at the complexity of the universe. |
| 10 | Big Bang Theory | This is the scientific view of the beginning of the universe. |

| Week 4 | Piece of Information | Answer |
|--------|----------------------|---|
| 1 | Passover | This is the Jewish festival held in the spring which commemorates the freeing of the Hebrew slaves from Egypt. |
| 2 | Covenant | This is an agreement between God and the Jews that he would be their God and that they would be his people. |
| 3 | Kingdom of God | This is a teaching of Jesus: the reign of God on earth now and in heaven and the afterlife. |
| 4 | Transubstantiation | This is the belief that the bread and the wine actually become the body and blood of Christ. |
| 5 | Sanhedrin | This is the Jewish Council at the time of Jesus; it consisted of 71 members, met in Jerusalem and was led by the High Priest. |
| 6 | Charles Darwin | This is the man who put forward the theory of evolution in the19th Century. |
| 7 | Conception | This is when the sperm fertilises the female egg so allowing pregnancy. |
| 8 | Conservation | This is to repair and protect animals and areas of natural beauty. |
| 9 | Creation | This is the idea that God created the world/universe from nothing. |
| 10 | Dominion | This is the idea that humans have the right to control all of creation. |

| Week 5 | Piece of Information | Answer |
|--------|----------------------|--|
| 1 | Martyr | This is one who suffers or dies for their belief. |
| 2 | Crucifixion | This is a Roman method of execution by which criminals were fixed to a cross. |
| 3 | Good Friday | This is the day Christians remember the execution and death of Jesus. |
| 4 | Resurrection | This means rising from the dead. Jesus rose from the dead on Easter day; this event is recorded in all four gospels and is a central belief for Christians. |
| 5 | Parable | This is a story that is told with a spiritual meaning. Jesus often used them to teach people about their relationship with God. |
| 6 | Environment | This is the world around us. |
| 7 | Euthanasia | This means 'a good or gentle death' and is the action of painlessly ending the life of someone who is dying. |
| 8 | Evolution | The scientific theory of how organisms are thought to have developed from earlier forms of life. |
| 9 | Fossil fuels | These are the Earth's natural resources - coal, oil and gas. |
| 10 | Hospice | This is a place that cares for the dying usually from an incurable disease. |

| Week 6 | Piece of Information | Answer |
|--------|----------------------|--|
| 1 | Allegory | This is a story where the spiritual message is given using non-spiritual images. |
| 2 | Shema | This is the Jewish statement of faith. |
| 3 | Tax collectors | These are Jewish men who collected taxes on behalf of the Romans. |
| 4 | Prejudice | This is unfairly judging someone before the facts are known; holding biased opinions about an individual or group. |
| 5 | Discrimination | These are actions or behaviours that result from prejudice. |
| 6 | Hypothesis | This is a proposed explanation of something. |
| 7 | Natural selection | This is one of the basic mechanisms of evolution. |
| 8 | Pro-choice | These are pressure groups which campaign for the right of a woman to decide on abortion. |
| 9 | Pro-life | These are pressure groups which campaign against abortion/euthanasia. |
| 10 | Quality of life | This is the general well-being of a person, in relation to their health and happiness. |

| Week 7 | Piece of Information | Answer |
|--------|----------------------|--|
| 1 | Prayer | This is communication with God, either silently or through words of praise, thanksgiving or confession, or requests for God's help and guidance. |
| 2 | Exorcism | This is the driving out of evil spirits. |
| 3 | Universalism | This is the belief that God's Kingdom is for all, including those who are looked down upon by others. |
| 4 | Anoint | This is to put oil on the head to show that God has chosen a person. |
| 5 | Call | This is the feeling that a person has to follow a particular lifestyle or career; very often linked to a 'vocation'. |
| 6 | Right to die | This is the belief that a human being should be able to control their own death. |
| 7 | Sanctity of Life | This is the idea that life is holy and given by God, therefore only God can take it away. |
| 8 | Science | This is the knowledge coming from observed regularity in nature and experimentation. |
| 9 | Stewardship | This is the belief that people have a duty to protect and care for the earth and its environment. In Islam it is also known as khalifah. |
| 10 | Vegetarian | This is a person who does not eat meat or fish. |

| Week 8 | Piece of Information | Answer |
|--------|----------------------|--|
| 1 | Disciple | This is the term used for the followers of Jesus. |
| 2 | Haemorrhage | This is bleeding which is persistent and potentially life threatening. |
| 3 | Denial | This is the action of refusing something that has been requested. |
| 4 | Commission | This is the occasion after the resurrection of Jesus when he gave his disciples instructions about their future. |
| 5 | Ascension | This is the event, 40 days after the resurrection, when Jesus returned to God, the Father, in heaven. |
| 6 | Abortion | This is the removal of the foetus from the womb to end pregnancy. This is legal in the UK. |
| 7 | Afterlife | This is the belief about what happens after we die to the self/soul. |
| 8 | Animal rights | This is the idea that animals should have rights because of respect for life. |
| 9 | Awe and Wonder | This is to have devout respect for God and to marvel at the complexity of the universe. |
| 10 | Big Bang Theory | This is the scientific view of the beginning of the universe. |

| Week 9 | Piece of Information | Answer |
|--------|----------------------|---|
| 1 | Passover | This is the Jewish festival held in the spring which commemorates the freeing of the Hebrew slaves from Egypt. |
| 2 | Covenant | This is an agreement between God and the Jews that he would be their God and that they would be his people. |
| 3 | Kingdom of God | This is a teaching of Jesus: the reign of God on earth now and in heaven and the afterlife. |
| 4 | Transubstantiation | This is the belief that the bread and the wine actually become the body and blood of Christ. |
| 5 | Sanhedrin | This is the Jewish Council at the time of Jesus; it consisted of 71 members, met in Jerusalem and was led by the High Priest. |
| 6 | Charles Darwin | This is the man who put forward the theory of evolution in the19th Century. |
| 7 | Conception | This is when the sperm fertilises the female egg so allowing pregnancy. |
| 8 | Conservation | This is to repair and protect animals and areas of natural beauty. |
| 9 | Creation | This is the idea that God created the world/universe from nothing. |
| 10 | Dominion | This is the idea that humans have the right to control all of creation. |

| Week 10 | Piece of Information | Answer |
|---------|----------------------|---|
| 1 | Martyr | This is one who suffers or dies for their belief. |
| 2 | Crucifixion | This is a Roman method of execution by which criminals were fixed to a cross. |
| 3 | Good Friday | This is the day Christians remember the execution and death of Jesus. |
| 4 | Resurrection | This means rising from the dead. Jesus rose from the dead on Easter day; this event is recorded in all four gospels and is a central belief for Christians. |
| 5 | Parable | This is a story that is told with a spiritual meaning. Jesus often used them to teach people about their relationship with God. |
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