

Structured Revision: GUIDE

What is 'Structured Revision'?

- specifically designed task set regularly with a clear deadline
- 1 hour / week for CORE subjects
- 1 hour / fortnight for OPTION subjects
- Repeats prior learning to help you remember it
- posted onto Google Classroom for support
<https://classroom.google.com/c/Mjg0NjcwNTE0NzA2?cjc=4pm3ipb>
- detention issued for the next day, after P6 if not completed

How does it work?

- You will be given a sheet of information in your P6 session
- You will also be given a set of 20 questions on a piece of paper - write the answers on there
- these are fluency questions and designed to help you recall important information
- the answers will be checked the following P6 for that subject - we will check using '1, 2, 3 ... show me' that you have answered all the questions
- the next week, you will be given the answers and will need to correct your work - your MARKED work will be due in the following week. Anything that you got wrong is something that you will need to revise.
- You will be given 20 questions every week. You will mark answers to the previous questions every week. Your marked answers will be taken in every week.

Health and Social Care Knowledge Organiser - Component 1: Human Lifespan Development			
Learning aim 1: Understand human growth and development across the stages and the factors that affect it			
How do people grow and develop throughout their lives? How can factors such as lifestyle choices, relationships affect that? Understanding these processes is essential knowledge and understanding for health and social care practitioners			
A1. Growth and development across life stages			
Life stages	Biological Development	A2. Factors affecting growth and development	
1. Infancy (0 - 1 years)	1. Physical development - Physical growth and physiological change	1. Physical factors	2. Economic factors
2. Early childhood (1 - 5 years)	2. Intellectual development - Developing thinking and language skills and complex activities that promote learning and development	a) Genetic inheritance b) Diet and lifestyle choices c) Experience of illness and disease	i) Dietary needs ii) Material possessions
3. Middle childhood (5 - 10 years)	3. Emotional development - Developing feelings about self and others	3. Social, cultural and emotional factors	
4. Later childhood (10 years)	4. Social development - Forming relationships	a) Education b) Culture, e.g. community involvement, religion, gender c) Influence of role models d) Influence of social systems e) Involvement with friends and family	
Learning aim 2: Understand how individuals deal with life events			
A3. Different types of life event	A4. Life circumstances	A5. Coping with change caused by life events	
1. Physical events	1) Illness/injury 2) Health 3) Disability	1. Types of subject	
2. Psychological events	1) Bereavement 2) Retirement	a) Professional careers and services b) Community groups, voluntary and faith based organisations	
3. Environmental changes	1) Changing a relationship 2) Marriage 3) Divorce 4) Bereavement	2. Sources of support	
		a) Informal support b) Professional help, e.g. financial assistance, childcare, transport...	

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1. What are the life stages?
2. What are the age ranges?
3. What does PMS stand for?
4. What is development?
5. What is a fine motor skill?
6. What is a gross motor skill?
7. What does enter to outer mean?
8. What does head to toe mean?
9. How can we develop knowledge?
10. What is physical development?
11. What is intellectual development?
12. What is emotional development?
13. What is social development?
14. What are factors that may affect someone's development?
15. What is a physical factor and how can this affect someone's development?
16. How can genetic inheritance affect someone's growth and development?
17. What is a chromosome?
18. Name 3 genetic inheritance diseases?
19. How can diet and lifestyle affect someone's growth and development?
20. What lifestyle choices can people make? Can you think of three?

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Support:

1. What if I was ill and missed P6?
Attendance is very important! All the SR tasks are uploaded to Google Classroom though, so there is never an excuse to miss the work!
2. I lost my sheet - what do I do?
All the SR tasks are uploaded to Google Classroom though, so there is never an excuse to miss the work. You can pop in to the lunchtime support clubs to complete the tasks there if needed
3. We had a family celebration, so I couldn't do my SR task:
You have a minimum of a week to complete each task and access to lunchtime support every day in school - we expect the tasks to be completed
4. I don't understand the work:
Everything you need to answer the questions is on the information handout you are given. Don't forget that there is support every lunchtime in homework club too!