

Keeping safe when out and about

CRIMES AGAINST CHILDREN BY STRANGERS ARE RARE, BUT WE ALL
NEED TO KNOW HOW TO KEEP OURSELVES SAFE.

Tips to help you to stay safe in the community

Avoid talking to people you don't know.

Stay alert so that you can hear what's going on around you.

Take a known route to school – avoiding short cuts.

Never walk away with or get into a car with a stranger.

Always tell someone if a stranger has approached you and made you feel uncomfortable or unsafe.

Avoid being alone by taking a route to school with a friend.

If you're travelling alone, sit near other families on a train or on a bus.

What to do if you feel unsafe

Always tell someone if a stranger has approached you and feel that you might be in danger.

Speak to an adult in school, your family or trusted friends.

If you think someone is following you, cross over the road safely or go to a bus stop or a shop.

If you have a phone, phone someone you trust immediately, ideally an adult.

If you are afraid for your safety call the police.