

30 November 2020



GLOUCESTER  
ACADEMY

Dear Parent/Carer

### **Outbreak letter for school – Advice to parents**

Today we have been made aware of a child in our school community who have tested positive for COVID 19.

We are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness. The children who have been in direct prolonged contact with the confirmed cases will have received an individual letter and will be staying at home for 14 days. Due to the tight bubbles and strict hygiene control that we operate in the school it has meant that only one class has been identified as potential direct contacts.

If you have not received a direct contact letter outlining an isolation period then your child, providing they remain well, is perfectly safe to attend school as normal.

### **What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, you should organise for your child to be tested via the [NHS online portal](#) or by calling 119. Your household should isolate until you receive the test results giving the all clear.

### **Symptoms of COVID 19**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

### **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

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**Flu vaccination**

We would like to take this opportunity to remind you and your family to have the flu vaccination if you are eligible for this, especially if you are in a risk group. You can find out about risk groups and whether you are eligible for a flu vaccine at the [NHS Flu vaccine overview](#).

**Further information**

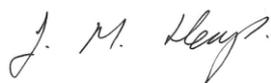
Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

and

<https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>

Yours sincerely



Mr J Heap  
Headteacher

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