



Big Ideas

Big Ideas are the building blocks of subjects. They are: -

- Concepts and ideas that help us make sense of lots of otherwise isolated or disconnected facts.
- Principles, theories, or processes that serve as a focal point of a subject.
- Something that changes the way we think about information or schema.

The big ideas in this subject are: -

Big Idea	Description
Growth and Development	How do people grow and develop through their lives? How can factors such as lifestyle choices and relationships affect this? Understanding these processes is essential knowledge and understanding for health and social care practitioners. Develop an understanding of how people grow and develop over the
	course of their life and the different factors that may affect them.
Health and Social Care Services	At some point in your life you will need health care. It is likely that you have already had an appointment with a doctor.
	Develop an understanding of health and social care services and the barriers to running and attending them.
Values in Care	Providing good health and social care services is very important and a set of 'care values' exists to ensure that this happens. Care values are important because they enable people who use health and social care services to get the care they need and to be protected from different sorts of harm.
	Develop skills in applying care values that are more common across the sector.
Interpreting Health Indicators	What does being healthy actually mean? It can mean different things to different people and you may think you are 'healthy' but are you in terms of normative data.
	Develop skills to interpret data to interpret physiological data and what they mean for someone's state of health.