

Age Related Expectations-

Age-related expectations identify what is expected of our learners by a specified age, stage or year group. Our curriculum defines these as a set standard of expectations which are defined either as exemplars, descriptors or questions.

Subject statement-

ARE's In KS4 Health and Social Care, age related expectations are made up of three simple elements:

1. What students are expected to **know** (i.e. the facts, keywords etc) Demonstrate knowledge of the life stages, types of development, barriers, essential values of care, effective communication and the legislation and frameworks for working within a health and social care setting.
2. What students can **understand** (i.e. skills) Demonstrate an understanding of the different types of health and social care services, factors that affect health and wellbeing and how to overcome obstacles related to health and wellbeing.
3. What students are expected to be able to **apply** (i.e. the application of knowledge and skills to a particular question) Apply knowledge and understanding to interpret data, analyse and evaluate the holistic health of the individual in a health and social care setting and create improvement plans, apply care values to their own practice.

In real terms, this means that the progression model is based on:

1. Knowledge organisers
2. Model answers
3. Skills statements linked to Big ideas of the topic

By the end of KS4, students will:

Yr 10		
Component	Topic	ARE's
Component 1: Human Lifespan Development	<p>Human growth and development across life stages</p> <p>Factors affecting growth and development</p> <p>Different types of life event</p> <p>Coping with change caused by life events</p>	<ul style="list-style-type: none"> - Describe growth and development across three life stages for a selected individual. - Explain how different factors have affected growth and development of a selected individual. - Compare and assess the impact of the factors across the life stages. - Explain the impact of a life event on the development of two individuals and how they have adapted using support - Compare and assess how two individuals have adapted to a life event.
Component 2: Health and Social Care Services and Values	<p>Health and social care services</p> <p>Barriers to accessing services</p>	<ul style="list-style-type: none"> - Explain how health and social care services meet the needs of individuals in a given scenario. - Explain how barriers could affect the use of one health or social care service for an individual in a given scenario. - Analyse and assess the suitability of health and social care services making realistic and justified suggestions to how to overcome barriers.

Yr 11		
Component	Topic	ARE's
Component 3: Health and Wellbeing	<p>Factors affecting health and wellbeing</p> <p>Physiological indicators</p> <p>Lifestyle indicators</p> <p>Health and wellbeing improvement plans</p> <p>Obstacles to implementing plans</p>	<ul style="list-style-type: none"> - Demonstrate knowledge and understanding of factors that affect health and wellbeing. - Explain how different factors have positive and negative impacts on health and wellbeing, including the impact of a life event. - Demonstrate an ability to interpret lifestyle and physiological data to explain factors that affect an individual's current and future physical health. - Design a health and wellbeing improvement plan recommending short and long term targets - Justify the plan in terms of linking to the individuals wishes, needs and circumstances. - Describe potential obstacles from keeping the plan and recommend suggestions to overcome these.
Component 2: Health and Social Care Services and Values	<p>Care values</p> <p>Reviewing own application of care values</p>	<ul style="list-style-type: none"> - Demonstrate the care values independently in a health or social care context. - Describe the positive and negative aspects of own demonstration of the care values and comment on aspects of feedback. - Make suggestions and appropriate recommendations for improvements of own application of the care values.

