

Detailed PSHE and Careers Breakdown

Year 7 — PSHE

Unit 1: Transition, Identity and Belonging

Code	Lesson title	Learning focus	Mapped strands / themes	Revisit / progression note
Y7-P-U1-L1 British Values: Mutual Respect, Individual Liberty	Starting Secondary School: Belonging, Routines and Support	Set expectations for secondary school; know where to get help; understand belonging, transition and the school community.	Health and Wellbeing; Respectful Relationships; Personal Safety	Introduces core language and routines for later revisit.
Y7-P-U1-L2 British Values: Mutual Respect	Friendships, Boundaries and Bullying	Build healthy friendships; recognise unkind behaviour, peer pressure and bullying; practise support-seeking and bystander actions.	Respectful Relationships; Families; Being Safe	Introduces core language and routines for later revisit.
Y7-P-U1-L3 British Values: Mutual Respect, Individual Liberty	Identity, Difference and Intersectionality	Explore identity, protected characteristics, stereotypes, microaggressions, neurodiversity and respectful curiosity.	Respectful Relationships; Community Cohesion; Culture and Diversity	Introduces core language and routines for later revisit.
Y7-P-U1-L4 British Values: Mutual Respect, Individual Liberty	Online Identity and Digital Manners	Understand online rights and responsibilities, privacy, public/private spaces, netiquette and safe sharing.	Online Safety and Awareness; Wellbeing Online	Introduces core language and routines for later revisit.

Y7-P-U1-L5 British Values: Individual Liberty	Emotions, Self-Esteem and Help-Seeking	Develop emotional vocabulary, coping strategies, self-respect and trusted-adult help-seeking.	Health and Wellbeing	Introduces core language and routines for later revisit.
Y7-P-U1-L6 British Values: Mutual Respect	Families, Change and Trusted Adults	Recognise different family structures, transitions, trusted adults and what to do when something feels unsafe.	Families; Being Safe	Introduces core language and routines for later revisit.

Unit 2: Health, Safety and Growing Up

Code	Lesson title	Learning focus	Mapped strands / themes	Revisit / progression note
Y7-P-U2-L1 British Values: Individual Liberty	Healthy Habits for Body and Mind	Build foundations for sleep, movement, food, hygiene, vaccination and everyday wellbeing.	Health and Wellbeing; Healthy Eating; Physical Health and Fitness; Health Prevention and Protection	Introduces core language and routines for later revisit.
Y7-P-U2-L2 British Values: Individual Liberty, Mutual Respect	Puberty and Body Changes	Know the main emotional and physical changes of puberty and how bodies develop differently.	Developing Bodies	Introduces core language and routines for later revisit.

Y7-P-U2-L3 British Values: Rule of Law, Individual Liberty	Substances, Vaping and Influence	Understand why people try substances, the risks of nicotine, alcohol and medicines, and how to resist influence.	Drugs, Alcohol and Tobacco; Personal Safety	Introduces core language and routines for later revisit.
Y7-P-U2-L4 British Values: Rule of Law	Personal Safety and First Aid Basics	Manage everyday risk around roads, rail, water and emergencies; know basic first aid and emergency calls.	Personal Safety; First Aid	Introduces core language and routines for later revisit.
Y7-P-U2-L5 British Values: Individual Liberty, Rule of Law	Media, Body Image and Wellbeing Online	Recognise unrealistic online content, comparison culture and ways to protect self-esteem and wellbeing online.	Wellbeing Online; Health and Wellbeing	Introduces core language and routines for later revisit.
Y7-P-U2-L6 British Values: Democracy, Rule of Law	Rules, Rights and Democracy	Understand why rules and laws matter, how democracy works in school and society, and how citizens improve communities.	Citizenship	Introduces core language and routines for later revisit.

Unit 3: Respect, Relationships and Community

Code	Lesson title	Learning focus	Mapped strands / themes	Revisit / progression note
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Y7-P-U3-L1 British Values: Mutual Respect	Respect, Communication and Conflict	Practise listening, assertiveness, repair, apology and respectful disagreement.	Respectful Relationships	Introduces core language and routines for later revisit.
Y7-P-U3-L2 British Values: Mutual Respect, Individual Liberty	Consent, Privacy and Personal Space	Understand consent, body boundaries, privacy, secrets, and saying no in everyday and online contexts.	Being Safe; Online Safety and Awareness	Introduces core language and routines for later revisit.
Y7-P-U3-L3 British Values: Mutual Respect	Prejudice, Stereotypes and Bystander Action	Challenge stereotypes and discrimination, including racism, sexism and homophobia; rehearse bystander responses.	Respectful Relationships; Culture and Diversity; Community Cohesion	Introduces core language and routines for later revisit.
Y7-P-U3-L4 British Values: Rule of Law	Safer Streets, Travel and Public Spaces	Apply practical strategies for personal safety in public and know who to go to if worried.	Personal Safety	Introduces core language and routines for later revisit.
Y7-P-U3-L5 British Values: Individual Liberty	Money Basics, Budgeting and Scams	Learn budgeting, needs versus wants, consumer awareness and scam spotting.	Citizenship; Practical Life Skills	Introduces core language and routines for later revisit.
Y7-P-U3-L6 British Values: Democracy, Rule of Law	Justice, Government and Making Change	Explore police, courts, Parliament, elections, free press and positive civic action.	Citizenship	Introduces core language and routines for later revisit.

Year 8 — PSHE

Unit 1: Identity, Equality and Society

Code	Lesson title	Learning focus	Mapped strands / themes	Revisit / progression note
Y8-P-U1-L1 British Values: Mutual Respect, Individual Liberty	Identity, Belonging and British Values Revisited	Revisit identity, values and belonging with greater complexity and self-awareness.	Respectful Relationships; Community Cohesion	Returns to earlier content with stronger application, law and equality focus.
Y8-P-U1-L2 British Values: Mutual Respect, Individual Liberty	Faith, Culture and Multicultural Britain	Understand plural Britain, respectful disagreement, mutual respect and social cohesion.	Citizenship; Community Cohesion; Culture and Diversity	Returns to earlier content with stronger application, law and equality focus.
Y8-P-U1-L3 British Values: Mutual Respect, Rule of Law	Equality, Protected Characteristics and Microaggressions	Apply the Equality Act, understand microaggressions, implicit bias and inclusive collaboration.	Respectful Relationships; Culture and Diversity; Neurodiversity Education	Returns to earlier content with stronger application, law and equality focus.

Y8-P-U1-L4 British Values: Individual Liberty, Rule of Law	Digital Footprint, Data and Misinformation	Understand how data is collected, how algorithms shape feeds, and how to evaluate online claims.	Online Safety and Awareness; Wellbeing Online	Returns to earlier content with stronger application, law and equality focus.
Y8-P-U1-L5 British Values: Mutual Respect	Bullying, Banter, Prejudice and Allyship	Distinguish banter from harm, challenge prejudice, and practise allyship and reporting.	Respectful Relationships; Being Safe	Returns to earlier content with stronger application, law and equality focus.
Y8-P-U1-L6 British Values: Democracy, Rule of Law	Parliament, Cabinet, Media and Free Press	Understand parliamentary democracy, political parties, Cabinet, media influence and accountability.	Citizenship	Returns to earlier content with stronger application, law and equality focus.

Unit 2: Wellbeing, Health and Choices

Code	Lesson title	Learning focus	Mapped strands / themes	Revisit / progression note
Y8-P-U2-L1 British Values: Individual Liberty	Goals, Resilience and Managing Setbacks	Use realistic goal-setting, recognise setbacks and develop perseverance and coping strategies.	Health and Wellbeing	Returns to earlier content with stronger application, law and equality focus.

Y8-P-U2-L2 British Values: Individual Liberty	Stress, Anxiety and Self-Care	Differentiate everyday stress from mental ill health and use evidence-based self-care and support routes.	Health and Wellbeing	Returns to earlier content with stronger application, law and equality focus.
Y8-P-U2-L3 British Values: Individual Liberty	Healthy Eating, Sleep and Prevention	Deepen understanding of nutrition, oral health, sleep, screening, antibiotics and infection prevention.	Healthy Eating; Health Prevention and Protection; Physical Health and Fitness	Returns to earlier content with stronger application, law and equality focus.
Y8-P-U2-L4 British Values: Individual Liberty	Money, Budgeting, Debt and Consumer Choices	Use budgets, compare financial products and understand credit, debt and consumer risk.	Citizenship; Financial Inequality and Economic Justice	Returns to earlier content with stronger application, law and equality focus.
Y8-P-U2-L5 British Values: Individual Liberty, Mutual Respect	Puberty Revisited: Menstrual and Gynaecological Health	Revisit body changes with accurate teaching on periods, symptoms and when to seek medical help.	Developing Bodies	Returns to earlier content with stronger application, law and equality focus.
Y8-P-U2-L6 British Values: Rule of Law, Individual Liberty	Substances, Alcohol, Vaping and Medicine Safety	Understand laws, risks and safer choices around substances, medicines and vaping.	Drugs, Alcohol and Tobacco	Returns to earlier content with stronger application, law and equality focus.

Unit 3: Relationships, Safety and Power

Code	Lesson title	Learning focus	Mapped strands / themes	Revisit / progression note
Y8-P-U3-L1 British Values: Mutual Respect	Healthy Friendships, Attraction and Boundaries	Explore attraction, changing friendships, respectful boundaries and managing endings kindly.	Respectful Relationships; Families	Returns to earlier content with stronger application, law and equality focus.
Y8-P-U3-L2 British Values: Mutual Respect, Individual Liberty	Consent, Coercion and Power	Recognise pressure, coercion and unequal power; practise consent language and help-seeking.	Being Safe; Respectful Relationships	Returns to earlier content with stronger application, law and equality focus.
Y8-P-U3-L3 British Values: Rule of Law	Grooming, Exploitation, County Lines and Knife Crime	Spot warning signs of exploitation and know how to get help without victim-blaming.	Being Safe; Personal Safety	Returns to earlier content with stronger application, law and equality focus.
Y8-P-U3-L4 British Values: Individual Liberty, Rule of Law	Online Sexual Pressure, Image Sharing and Reporting	Know the law on sharing images, why content spreads, and how to report and get support.	Online Safety and Awareness; Being Safe	Returns to earlier content with stronger application, law and equality focus.

Y8-P-U3-L5 British Values: Individual Liberty, Rule of Law	Pornography, Idealisation and Online Harm	Recognise distortion, unrealistic expectations and misogynistic messages in sexualised media.	Online Safety and Awareness; Respectful Relationships	Returns to earlier content with stronger application, law and equality focus.
Y8-P-U3-L6 British Values: Democracy, Mutual Respect	Community Action, Volunteering and First Aid	Understand civic contribution and build practical first aid confidence, including CPR awareness.	Citizenship; First Aid	Returns to earlier content with stronger application, law and equality focus.

Year 9 — PSHE

Unit 1: Self, Society and Decision-Making

Code	Lesson title	Learning focus	Mapped strands / themes	Revisit / progression note
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Y9-P-U1-L1 British Values: Individual Liberty	Self-Esteem, Social Groups and Life Plans	Reflect on identity, aspiration, belonging and the effect of groups and labels on choices.	Health and Wellbeing; Respectful Relationships	Builds complexity through law, risk, autonomy and real-world decision-making.
Y9-P-U1-L2 British Values: Mutual Respect, Rule of Law	Equality, Structural Inequality and Economic Justice	Explore inequality, housing, cost of living, workers' rights, renters' rights and social safety nets.	Citizenship; Financial Inequality and Economic Justice; Culture and Diversity	Builds complexity through law, risk, autonomy and real-world decision-making.
Y9-P-U1-L3 British Values: Individual Liberty	Mental Health, Loneliness and Stigma	Recognise anxiety, depression, loneliness and stigma; know how and where to seek support.	Health and Wellbeing	Builds complexity through law, risk, autonomy and real-world decision-making.
Y9-P-U1-L4 British Values: Individual Liberty, Rule of Law	Wellbeing Online: Comparison, Algorithms and Influence	Analyse comparison culture, targeted advertising, conspiracy thinking and gambling-like design.	Wellbeing Online; Online Safety and Awareness	Builds complexity through law, risk, autonomy and real-world decision-making.
Y9-P-U1-L5 British Values: Democracy, Rule of Law, Mutual Respect	Democracy, Human Rights and Active Citizenship	Explore rights, international law, electoral systems and informed civic participation.	Citizenship	Builds complexity through law, risk, autonomy and real-world decision-making.
Y9-P-U1-L6 British Values: Democracy	Climate Justice and Social Responsibility	Debate climate justice, sustainability, corporate accountability and practical action.	Climate Justice; Citizenship	Builds complexity through law, risk, autonomy and real-world decision-making.

Unit 2: Safety, Risk and Responsibility

Code	Lesson title	Learning focus	Mapped strands / themes	Revisit / progression note
Y9-P-U2-L1 British Values: Rule of Law, Individual Liberty	Substances, Addiction and the Law	Understand illegal drugs, illicit vapes, counterfeit medicines, addiction and the law.	Drugs, Alcohol and Tobacco	Builds complexity through law, risk, autonomy and real-world decision-making.
Y9-P-U2-L2 British Values: Rule of Law	Risk, Peer Influence and Personal Safety	Manage pressure in social situations and apply strategies for travel, holidays, public spaces and emergencies.	Personal Safety; Being Safe	Builds complexity through law, risk, autonomy and real-world decision-making.
Y9-P-U2-L3 British Values: Rule of Law, Mutual Respect	Exploitation, Radicalisation and Gang Narratives	Recognise grooming, criminal exploitation, extremism and manipulative narratives.	Being Safe; Personal Safety	Builds complexity through law, risk, autonomy and real-world decision-making.
Y9-P-U2-L4 British Values: Rule of Law	Knife Crime, Conflict De-escalation and Trusted Adults	Learn the law on knives, conflict de-escalation and trusted routes to support.	Personal Safety	Builds complexity through law, risk, autonomy and real-world decision-making.
Y9-P-U2-L5 British Values: Rule of Law, Mutual Respect	FGM, HBV, Forced Marriage and Culturally Specific Harm	Know the law, recognise harmful practices and understand how to seek support safely.	Being Safe; Families	Builds complexity through law, risk, autonomy and real-world decision-making.
Y9-P-U2-L6 British Values:	Emergency Response: CPR, Defibs and First Aid	Build confidence in CPR, defibrillators and responding to common injuries and emergencies.	First Aid	Builds complexity through law, risk, autonomy and real-world decision-making.

Individual Liberty				
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Unit 3: Relationships, Sexual Health and Ethics

Code	Lesson title	Learning focus	Mapped strands / themes	Revisit / progression note
Y9-P-U3-L1 British Values: Mutual Respect	Positive Relationships, Self-Worth and Endings	Identify the features of positive relationships and manage endings, grief and disappointment with respect.	Respectful Relationships; Families	Builds complexity through law, risk, autonomy and real-world decision-making.
Y9-P-U3-L2 British Values: Mutual Respect, Individual Liberty	Consent, Assertiveness and the Age of Consent	Apply consent to kissing/touching/strangulation, understand the age of consent and challenge pressure.	Being Safe; Intimate Sexual Relationships	Builds complexity through law, risk, autonomy and real-world decision-making.
Y9-P-U3-L3 British Values: Individual Liberty	Contraception, STIs, Safer Sex and Clinics	Know contraception options, STI prevention, testing and confidential health support.	Intimate Sexual Relationships; Health Prevention and Protection	Builds complexity through law, risk, autonomy and real-world decision-making.
Y9-P-U3-L4 British Values: Individual Liberty, Rule of Law	Online Sexual Harms: Sextortion, Deepfakes and Pornography	Understand deepfakes, sextortion, image-based abuse and the harms of pornography.	Online Safety and Awareness; Being Safe	Builds complexity through law, risk, autonomy and real-world decision-making.

Y9-P-U3-L5 British Values: Individual Liberty	Pregnancy Choices, Miscarriage and Support	Receive impartial, medically accurate teaching on pregnancy options and support pathways.	Intimate Sexual Relationships; Health Prevention and Protection	Builds complexity through law, risk, autonomy and real-world decision-making.
Y9-P-U3-L6 British Values: Mutual Respect, Individual Liberty	Gender, Sexuality, Healthy Masculinity and Bystander Action	Explore gender stereotypes, misogyny, incel culture, sexuality and bystander intervention.	Respectful Relationships; Healthy Masculinity, Misogyny and Social Power	Builds complexity through law, risk, autonomy and real-world decision-making.

Year 10 — PSHE

Unit 1: Rights, Power and Adult Life

Code	Lesson title	Learning focus	Mapped strands / themes	Revisit / progression note
Y10-P-U1-L1 British Values: Mutual Respect, Rule of Law	Human Rights, Equality and Adult Life	Apply equality and human rights to adult spaces, workplaces and public life.	Citizenship; Respectful Relationships	Deepens into adult rights, services, consequences and next-step preparation.

Y10-P-U1-L2 British Values: Mutual Respect	Modern Families	Understand caring relationships, parenting responsibilities and early brain development.	Families	Deepens into adult rights, services, consequences and next-step preparation.
Y10-P-U1-L3 British Values: Mutual Respect	Love and Commitment	Explore legal relationship status, family change and myths about common-law marriage.	Families	Deepens into adult rights, services, consequences and next-step preparation.
Y10-P-U1-L4 British Values: Rule of Law	Unsafe Relationships	Recognise coercive control, stalking, domestic abuse and the law; know support options.	Being Safe	Deepens into adult rights, services, consequences and next-step preparation.
Y10-P-U1-L5 British Values: Mutual Respect, Individual Liberty	Consent and the Consequences	Understand unacceptable behaviour, criminal offences, reporting and support after harm.	Being Safe; Intimate Sexual Relationships	Deepens into adult rights, services, consequences and next-step preparation.
Y10-P-U1-L6 British Values: Mutual Respect	Redefining Masculinity	Critically examine online subcultures, power, misogyny and healthy masculinity.	Respectful Relationships; Online Safety and Awareness; Healthy Masculinity, Misogyny and Social Power	Deepens into adult rights, services, consequences and next-step preparation.

Unit 2: Health, Bodies and Healthcare

Code	Lesson title	Learning focus	Mapped strands / themes	Revisit / progression note
Y10-P-U2-L1 British Values: Individual Liberty	Mental Health Literacy, Coping and Support	Understand common mental ill health, overlapping risks and evidence-based support.	Health and Wellbeing	Deepens into adult rights, services, consequences and next-step preparation.
Y10-P-U2-L2 British Values: Individual Liberty	Serious Health Issues, Screening and Self-Examination	Know when to seek help, how screening works and why self-examination matters.	Physical Health and Fitness; Health Prevention and Protection	Deepens into adult rights, services, consequences and next-step preparation.
Y10-P-U2-L3 British Values: Mutual Respect, Individual Liberty	Healthcare Navigation, Consent and Gillick Competence	Navigate GP, A&E, pharmacies, sexual health services and medical consent frameworks.	Health Prevention and Protection; Practical Life Skills	Deepens into adult rights, services, consequences and next-step preparation.
Y10-P-U2-L4 British Values: Individual Liberty	Fertility, Menopause, Pre-Conception and Pregnancy Health	Learn fertility, menopause, miscarriage, pelvic floor health and pre-conception advice.	Developing Bodies; Health Prevention and Protection	Deepens into adult rights, services, consequences and next-step preparation.
Y10-P-U2-L5 British Values: Rule of Law, Individual Liberty	Alcohol, Drugs, Spiking and Risk Reduction	Understand alcohol units, spiking risks, dependency, smoking harms and vaping facts.	Drugs, Alcohol and Tobacco; Healthy Eating	Deepens into adult rights, services, consequences and next-step preparation.

Y10-P-U2-L6 British Values: Mutual Respect	Organ Donation, Vaccination and Public Health	Explore public health, organ/stem cell donation and the social responsibility of prevention.	Physical Health and Fitness; Health Prevention and Protection	Deepens into adult rights, services, consequences and next-step preparation.
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Unit 3: Intimate Relationships and Future Readiness

Code	Lesson title	Learning focus	Mapped strands / themes	Revisit / progression note
Y10-P-U3-L1 British Values: Individual Liberty, Mutual Respect	Sex, Intimacy, Readiness and Values	Understand that intimacy is a choice; explore readiness, abstinence, faith and values.	Intimate Sexual Relationships	Deepens into adult rights, services, consequences and next-step preparation.
Y10-P-U3-L2 British Values: Mutual Respect, Individual Liberty	Sexual Consent, Pleasure and Ethical Choices	Deepen understanding of consent, communication, pleasure, care and ethical sexual decision-making.	Intimate Sexual Relationships; Respectful Relationships	Deepens into adult rights, services, consequences and next-step preparation.

Y10-P-U3-L3 British Values: Individual Liberty	Contraception, Pregnancy Options and Reproductive Autonomy	Revisit contraception and pregnancy choices with medically accurate, impartial detail.	Intimate Sexual Relationships	Deepens into adult rights, services, consequences and next-step preparation.
Y10-P-U3-L4	STIs, HIV, PrEP/PEP, Testing and Stigma	Know transmission, prevention, treatment, PrEP/PEP and how to challenge stigma.	Intimate Sexual Relationships	Deepens into adult rights, services, consequences and next-step preparation.
Y10-P-U3-L5	Love, Grief, Loss and Ending Relationships	Manage heartbreak, grief and loss; know how to access support and behave with care.	Respectful Relationships; Families	Deepens into adult rights, services, consequences and next-step preparation.
Y10-P-U3-L6 British Values: Individual Liberty, Rule of Law	Adult Life Skills: Housing, Contracts and Employment Rights	Build practical knowledge of tenancy, contracts, workers' rights, consumer awareness and scams.	Practical Life Skills; Citizenship	Deepens into adult rights, services, consequences and next-step preparation.

Year 11 — PSHE

Unit 1: Existing Y11 PSHE (kept unchanged)

Code	Lesson title	Learning focus	Mapped strands / themes	Revisit / progression note
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Y11-P-U1-L1	Menstrual Health	Understand the menstrual cycle, manage periods confidently and know when to seek medical advice or support.	Developing Bodies	Builds on Year 10 learning by deepening understanding of lifelong reproductive health, recognising symptoms and accessing appropriate support.
Y11-P-U1-L2 British Values: Individual Liberty	Healthy Pregnancy	Explore healthy pregnancy choices, fetal development and the factors that support the health of parent and baby.	Families; Health Prevention and Protection	Builds on Year 10 learning by applying knowledge of pregnancy health, fetal development and informed healthcare decisions.
Y11-P-U1-L3 British Values: Individual Liberty	Fertility and Pathways to Parenthood	Understand fertility, factors that affect it and the different pathways to becoming a parent.	Developing Bodies; Families	Builds on Year 10 learning by exploring fertility, reproductive choices and pathways to parenthood in greater depth.
Y11-P-U1-L4	Menopause	Understand what menopause is, recognise common symptoms and explore ways people can access support and treatment.	Developing Bodies	Builds on Year 10 learning by developing understanding of menopause, treatment options and lifelong health and wellbeing.
Y11-P-U1-L5 British Values: Individual Liberty	Contraception and STIs	Compare contraception methods, understand STI prevention and know how to access confidential sexual health services.	Intimate Sexual Relationships	Builds on Year 10 learning by consolidating knowledge of contraception, STI prevention, testing and accessing sexual health services.
Y11-P-U1-L6 British Values:	Choices Around Pregnancy	Explore the options available during pregnancy, understand the support available and recognise	Intimate Sexual Relationships	Builds on Year 10 learning by exploring pregnancy choices, support services

Individual Liberty		the importance of informed, respectful decision-making.		and informed, respectful decision-making.
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Unit 2: Existing Y11 PSHE

Code	Lesson title	Learning focus	Mapped strands / themes	Revisit / progression note
Y11-P-U2-L1	Public Sexual Harassment and Boundaries	Recognise public sexual harassment, understand personal boundaries, know the law and practise strategies for seeking help and reporting concerns.	Being Safe	Builds on Year 10 learning by applying knowledge of consent, boundaries, the law and strategies for responding to harassment in real-life situations.
Y11-P-U2-L2	Revenge Porn and Digital Safety	Understand image-based abuse, digital consent, online reporting and the legal consequences of sharing intimate images.	Online Safety and Awareness; Being Safe	Builds on Year 10 learning by deepening understanding of image-based abuse, digital consent, online laws and reporting pathways.
Y11-P-U2-L3	Applying to Post-16 (1)	Explore Post-16 pathways, entry requirements and how to make informed choices about future education and training.	Careers	Builds on Year 10 careers learning by exploring Post-16 pathways in greater depth and preparing for

				informed progression decisions.
Y11-P-U2-L4	Applying to Post-16 (2)	Complete applications confidently, understand key timelines and prepare for interviews and enrolment.	Careers	Builds on Year 10 careers learning by completing applications, preparing for interviews and planning successful transitions beyond school.
Y11-P-U2-L5 Mutual Respect, Individual Liberty	The Digital Mirror - The Manosphere and Modern Identity	Explore how online influencers and digital communities shape identity, beliefs, relationships and healthy masculinity through critical thinking.	Health and Wellbeing	Builds on Year 10 learning by critically evaluating online influences, identity, misogyny and healthy relationships through real-world contexts.
Y11-P-U2-L6	The Silent Struggle	Recognise common mental health challenges, reduce stigma and know how and where to access support for yourself and others.	Health and Wellbeing	Builds on Year 10 learning by strengthening mental health literacy, recognising signs of distress and accessing appropriate support.
Y11-P-U2-L7	The Architecture of an Ally	Develop the knowledge and confidence to challenge discrimination, support others safely and become an active ally in school and the wider community.		Builds on Year 10 learning by developing confidence to challenge discrimination, promote inclusion and become an active ally in school and society.

