



Big ideas	Ambition, Excellence, Pride, Democracy, Rule of Law, Respect, Tolerance, Individual Liberty					
	Year 7	Year 8	Year 9	Year 10	Year 11	
Unit 1	Society and Me Identity, Peer Pressure, Online Safety, Stereotypes, Challenging Bullying and the Government.  Raising Aspirations Your House, University Myth Busting, Introducing Unifrog and Revision Techniques.	Society and Me Identity, First Impressions, Race and Religion- Multiculturalism, Protected Characteristics, Inequality, Bullying and Fake News.  Your Future Career Your Dream Job, Finding a Job, Workplace Rights, Work Conduct, Unifrog and Revision Techniques.	Society and Me Relationships, Consent, Peer Approval, Social Media and Risks, Prejudice and Protected Characteristics and the Law.  Preparing for Success The Duke of Edinburgh Award, GCSE Choices, GCSEs and your Career, Unifrog and Revision Techniques.	Society and Me Human Rights, Protected Characteristics, Grief, Online Risks, Multiculturalism, Power in Relationships and Equitable Workplaces.  Long-Term Plans Planning Backwards, Post-18 Options (University, Work and degree apprenticeships), Myth Busting, Structured Research and Unifrog.	Becoming the Best Me Positive relationships, Types of Commitment, Consent, Intimate relationships, Negative relationships, contraception and fertility, emotional health and wellbeing, personal safety, planning for the future- applications.	
Unit 2	Becoming the Best Me LMI, Careers of the Future, Careers You've Never Heard of, Green Jobs, Unifrog and Revision.  Jobs LMI, Careers of the Future, Careers You've Never Heard of, Green Jobs, Unifrog and Revision.	Becoming the Best Me Planning for the Future, Financial Choices and your Future, Managing your Stress, Wellness and Your Health and Risks to Health- Substances.  Personal Growth Money Matters, Savings, Expenses, Money and Wellbeing	Becoming the Best Me Your Goals, Mental Health and Self-Esteem, Risks to Health, Risks within Society - grooming, violence and more, Citizenship.  Developing You LMI, Jobs of the Future, Skill Development, Enterprise Skills.	Becoming the Best Me Your Health, Risks to Health, Choices and your Health, Sexual and Reproductive Health, Adulthood and the Law.  Raising Aspirations Planning Backwards, Post 16, BTECs, A-Levels, T-Levels, Apprenticeship, Sixth Form and College.	Life Skills Applications, Planning for the Next Steps, CVs, Finance, Debt and Budgeting.	



### Personal Development Curriculum Map

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# Adapt, Overcome and Respond to Change

Puberty, Conflict with Friends, Media and Self Image, Online Safety, the Justice System and You and Being Assertive.

#### **Your Skills**

Your Skills, Speaking Skills, Finance Skills, Writing Skills, Leadership Skills and Revision.

## Adapt, Overcome and Respond to Change

Puberty, Your Personal Space, Power and Relationships, Consent, Intimate Relationships, Social Media and You and Changing Risks-Pornography to Alcohol.

#### **Raising Aspirations**

Climbing your Personal Mountain, Dream Job, Post-16 and Post 18, Mythbusting and Revision.

## Adapt, Overcome and Respond to Change

Mental Health, Sexual
Exploitation, Consent, Sexual
and Reproductive Health,
Change and Resilience with
Sleep, Online Safety, Media v
Reality and Assertiveness.

### **Work Experience**

Work experience, Attaining Work Experience, CV Skills and Cover Letter, and Revision.

## Adapt, Overcome and Respond to Change

Teen Violence, Healthy Relationships, Consent, Gender and Identity, Pregnancy and Choices, Love and Loss, Changing Emotions.

### **Raising Aspirations**

Post-16 Research.